

-RESUME-



LINCY WILSON
lincyjijo1986@gmail.com
Contact No. : +91 9447429648

Carrier Objective:

I'm seeking to pursue a challenging and responsible position in a progressive medical health centre, where my knowledge and skill from extensive nursing profession and practical experience will be fully utilized. To serve mankind and to render my nursing services when and wherever needed.

Employment History

Sl. No.	Employer/Hospital	Designation	No of Bed	Area Exposure	Duration
1.	Sreekandapuram Hospital - Alappuzha, India	Staff Nurse	250	Critical care unit, Medical and surgical ward	April 2010 to April 2011
2.	ApolloSpecialityHospital-Madurai -Chennai, India	Staff Nurse	250	Intensive Care Unit, Critical care unit, Medical and surgical ward	April 2011 to October 2013.
3.	Vijayalakshmi Medical Center, EKM - India	Staff Nurse	250	Gynaec Ward	July 2014 to July 2015

Work Experience: Total 4 Years

Educational Qualification:

Sl. No.	Course	Institution/Board	Year
1	SSLC	S.N.V.V. High School, Kerala	2004
2	Higher Secondary	S.N.V.V. Higher Secondary School, Kerala	2004-2006
3	GNM-Diploma in Nursing	S.K.P School of nursing-Kerala, India	2006-2010

Instruments Handling

- Pulse Oxymeter (Nellcor)
- ECG Machine
- Infusion Pump
- Syringe pump
- Cardiac Monitor
- Glucometer
- All type of Suction machine
- Laryngoscope
- Bains Circuit
- CPAP machine
- CVP Monitor
- NIV Rebreathing Mask
- Ventury Mask
- Ventilators
- Defibrillator
- Nebulizer kit
- IABP Machine
- IPCD machine

Emergency client care:

- Assessing condition, vital signs monitoring, cardiac monitor as possible, administering, emergency medication, administration of Oxygen, assisting and performing CPR, assisting and performing Endotracheal Intubations.

IV Canalization & Blood sampling.

Calculation and administration of medicines, Injection.

Cleaning & dressing Wounds, Stitch removal etc.

Assist Doctors in Various Procedures.

Teach & Guide Juniors, Nursing assistants and other auxiliary personnel.

Care of patient with ET Tube, Tracheotomy Tube and drainage to mobilize secretions.

Maintaining patent airways

Maintaining records and reports.

Meeting the nutritional and elimination needs of the client.

Maintaining syringe pump and infusion pump.

IV Preparation, IV Cannulation, administration of IV fluids & care of IV sites etc.

Assisting and performing dressing (e.g. Bedsore/ Surgical wounds)

Maintaining asepsis throughout nursing care.

Maintaining good interpersonal relationship with clients, caretakers, co-workers & superiors.

Proper biomedical waste management.

Admission, discharge and transfer of the client.

Assisting Doctors:

- Endotracheal Intubation and Extubation
- Internal/External jugular Vein Cannulation
- Central Venous Line Insertion
- ICD Tube Insertion and Removal
- Liver/Skin/Bone marrow biopsy
- Lumbar Puncture
- Thoracentesis/Paracentesis
- Insertion of Peritoneal Dialysis catheter
- Arterial line insertion and maintenance
- Suturing of wound
- Proctoscopy, Esopharyngeal Gastro Duodenoscopy
- Defibrillation and Cardioversion
- Radiological Examinations

Duties and Responsibilities:

- Greeting patient
- Admission of patient
- Transferring of patient
- Discharging patient home
- Transferring out patients to other Hospital.
- Caring of dying patient
- Maintaining interpersonal relationship with patients and health team members and public

- Health education to patient and public
- Maintaining ward equipment in good working condition
- Indenting the required things for the ward
- Checking ward stock
- Follow Hand washing technique
- Responsible for the disposal of biomedical wastage
- To Ensure Safety Precautions of the patient
- Nasal, Oral, ETT Tracheal suctioning
- Administration of blood products
- Performing surgical Dressing & Wound dressing
- Care of Suture Removal
- Attending to patients Hygiene.
- Glucose Test for diabetic Patient
- Performing Tracheotomy Care and Tube Changing
- Collection of Arterial Blood for Analysis
- Performing ECG continuous Monitoring
- Eye / Bladder Vaginal irrigation
- Giving Enema and Bowel Wash
- Cardiopulmonary Resuscitation
- Performing Active, Passive exercise
- Ambulated Patients
- Change Colostomy Bag
- Apply Lumbar Spine Belt
- AV fistula Care
- Inhalation & Nebulization

Personal Details

Name : Lincy Wilson
 Father's Name : C. Wilson
 Age & Date of Birth : 25 Yrs, 20th July 1988
 Marital Status : **Married**
 Nationality : Indian
 Strengths : Confident, Responsible, Quick Learning, Logical Thinking, and Honest
 Languages Known : English, Hindi, Malayalam and Tamil
 Total Experience : More than 03 Years
 Permanent Address: Puthenpurackal (H), Mulanthuruthy P. O, Ernakulam (Dist)
 Kerala- 682314
 Tel Phone : 0484-2256605, +91-9447429648

Declaration

I do hereby declare that above mentioned details are true and correct to the best of my knowledge and belief.

Lincy Wilson