

CURRICULUM VITAE

SONIA K SHAJI

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CAREER OBJECTIVE – A challenging position that will enable enhancement/augmentation of nursing skills and medical knowledge; maximize capabilities as a staff nurse.

EDUCATIONAL QUALIFICATION

- **2013-2017: B.Sc Nursing**
St.Thomas College of Nursing, Kattanam
(Kerala University of Health & Science)
- **2011-2013: Higher Secondary Education (75.25%)**
Govt. Higher Secondary School, Chittar
- **2010-2011: Secondary School Leaving Certificate (80%)**
P.S.V.P.M.H.S.S. Konni, Ayravon

CLINICAL EXPERIENCE

- Medical surgical nursing posting in Mavelikara Govt.hospital & Kayamkulam Govt.hospital
- St.Thomas Mission Hospital, Kattanam
- Child health nursing posting in Lifeline Super specialty hospital, Adoor
- Mental Health nursing posting in KCM hospital, Nooranad
- Advanced Medical-Surgical nursing posting in RCC, Trivandrum, St.Gregorious Hospital, Parumala & Fellowship Hosital, Kumbanad
- Community health nursing posting in Kayamkulam Urban Area, Chunakkara rural Area
- Obstetrical & Gynecological nursing posting in Ebenezer hospital, Kayakulam

SEMINARS /TRAINING ATTENDED

- Regional Seminar on EFFECTS OF TOBACCO 2014
- Regional Seminar on BREAST FEEDING 2017
- Regional workshop on EDUCATIONAL MEDIA 2017
- Regional medical camp on DIABETES MELLITUS 2017

- Research on KNOWLEDGE & ATTITUDE OF HOUSE HOLD WOMEN'S REGARDING KITCHEN GARDEN 2016
- Community research on ENVIRONMENTAL SANITATION 2017

HANDLING EQUIPMENTS:

- Ventilator
- Cardiac Monitor
- Suction Apparatus
- Brain Circuit
- Nebulizer
- Infusion Pump
- BP Apparatus
- Intubation
- Steam inhaler
- ECG Machine
- Arterial Monitor
- Pulse Oxymeter
- Syringe pump
- ABG Machine
- Glucometer
- CVP Monitor
- Defibrillator
- Warmer
- Photo Therapy
o2 supply
- Various trays for various procedures

EXPERIENCED PROCEDURE

- IV cannulation, Injection & Infusion
- Insertion of Ryles Tube, feeding & Gastric lavage
- Foley's Catheterization, Bladder wash and irrigation
- Suctioning
- DC Shock
- Peg Feeding
- Morning Care
- Back care.
- L.P

MY DUTIES AND RESPONSIBILITIES FOR THE PATIENTS

- Maintenance of good Nurse-patient relationship.
- Assess the Physical & Neurological condition of the patient. (eg; Glascocoma Scale).
- Check the vitals of the patient every hourly along with date and time.
- Maintenance of intake output chart (Eg. Urine output, drainage).
- Collection of specimens (Eg. Serum, ABG, Urine, Sputum)
- Management of intravenous fluids and Isotropic.(Eg. T.P.N ,Dopamine, Dobutamine, Adrenaline infusion, NT G)
- Administration of medication in time (OD, BID, TID, QID, Stat etc.)
- Monitoring of CVP
- Personal Hygiene (Eg. Nail care; Hair care, Bowel & Bladder care).
- Care of pressure sore (Eg. Frequent back care & positioning).
- Maintenance of Physical, Social, Psychological, Spiritual & rehabilitative needs of the patients.

OTHER RESPONSIBILITIES

- Assisted and can able to asses for Intubation, central line insertion, Bone Marrow aspiration, Ultrasound, CT scan, MRI, ICD.
- Can able to do the following procedures: CPR, DC Shock, NG tube, IV cannulation, catherization, blood transfusion, nebulization, steam inhalation, CVP monitoring, dressing, suctioning, collection of samples including ABG, oxygen administration. .

OTHER RESPONSIBILITIES IN WARD MANAGEMENT:-

- Maintaining the drugs and supplies as per standing orders.
- Maintaining the equipment in working condition.
- Maintaining emergency drugs the equipment at accessible place securely.
- Maintaining reports and records of the patients up to date.

CORE FUNCTIONS AND PERFORMANCE:

- Evaluated and assessed medical status of patients – Performed nursing care for patients with complex medical issues and multi-system health cases.
- Improved quality of professional nursing practices and the quality of patient care – recommended clinical care improvements and initiated/participated in change initiatives.
- Planned and implemented nursing care for patients.
- Lead and directed healthy relationships among nurses, physicians and other professionals.
- Adhered to safety regulations and procedures during performance of medical tasks and while working with patients and equipment.

PERSONAL PROFILE

Name : SONIA K SHAJI
Sex : Female
Date of Birth : 1st June 1995
Father's Name : Shaji K Varghese
Mother's Name : Susan Shaji
Marital Status : Single
Religion : Christian, Marthomite
State of origin : Kerala
Hobbies : Listening to music
Nationality : Indian
Permanent Address : Kuntharayil House
Chittar P.O
Pathanamthitta District
Pin: 689663
Languages known : English, Malayalam, Hindi, Tamil

REFERENCES

1. Prof.Nahomi Clement
Principal
St.Thomas College of Nursing, Kattanam

DECLARATION

I hereby affirm that the above information given by me is true to the best of my knowledge and belief. I will solely be responsible for any discrepancy found in them.

Thanking You.
Sincerely

Place:

Sonia K Shaji.

Date: