

CURRICULUM VITAE

JETTY THOMAS

Maruthaparambil House
Kurumpanadom (P.O)
Changanassery, Kottayam (DT)
Kerala State, India
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PERSONAL DATA

- Father Name : Mr. Thomas Sebastian
- Mother Name : Jessy Thomas
- D.O.B : 28-04-1992
- Age : 24
- Languages Known : English, Hindi, Malayalam ,Telugu
- Marital Status : Single
- Nationality : Indian
- Height : 155cm
- Weight : 53 kg
- BMI : 22

OBJECTIVE

Seeking for a challenging position in a hospital where my profound medical professional and practical experience will be fully utilized in a well established growth oriented and a recognized organization where I can show my professional experience and qualified skill for the betterment and for making a continued significant contribution to the success of the organization.

EDUCATION

Course	Institution	Board/University	Year	Grade
B Sc Nursing	Yashoda College of Nursing, Malakpet, Hyderabad	Dr. NTR University of Health Sciences, AP, Vijayawada	2009-2013	Distinction
Intermediate	St. Peter's Higher Secondary School, Kurumpanadom	Kerala Board of Higher Secondary Education	March 2009	80%
SSLC	St. Ann's Girls High School, Changanassery	Kerala board of Public Examination	March 2007	89%

REGISTRATION DATA

- Registered Nurse No: 152683, Andhra Pradesh State Nursing Council. A.P, India (Recognized Nursing Council)
- Registered Midwife No 152226, Andhra Pradesh State Nursing Council, A.P, India. (Recognized Nursing Council)
- Registered Kerala Nurse and Midwives Council No: KL04201502471

COMPUTER SKILL

- Good knowledge in all MS Office Applications.

INTERESTS

- Listening Music, Travelling.

PROFESSIONAL EXPERIENCE

- One Year Experience in Yashoda Group of Hospital
Secundrabad (1000 Bedded Multi Super Specialty Hospital)
Department: AMCU
From: 01-05-2014 to 02-05-2015

- Worked as Staff Nurse in
Aster MIMS, Kottakkal, Kerala (an NABH Accredited Hospital)
Web: www.mimskottakkal.com
Department: Cardiac Ward
From: 20-June-2015 to 29-December-2017

PASSPORT DETAILS

Passport No : L7997669
Date of Issue : 26-03-2014
Date of Expiry : 26-03-2024
Place of Issue : Cochin

KNOWLEDGE OF HANDLING EQUIPMENTS

- Ventilator
- Defibrillator
- Cardiac monitor
- Ambubag
- Laryngoscope
- Nebulizer
- Syringe pump
- Infusion pump
- Centralized Oxygen & suction
- ECG Machine
- Temporary Pacemaker

PROCEDURES DONE

- Foly's catheterization
- Wound dressing
- Ryle's tube insertion & feeding
- Suctioning & drain removal

- Nebulisation steam inhalation
- IV cannulisation
- Administering Oxygen and medicines (Oral, Tropical, Rectal) Injection (intradermal, subcutaneous, intramuscular and intravenous)
- ABG Analysis
- Blood Transfusion
- CPR & Defibrillation
- CVP Monitoring
- Trachestomy & ET Care

DUTIES AND RESPONSIBILITIES HANDLING

- Preparation of Instrument trolley
- Monitor the vital signs
- Check the oxygen saturation
- Maintain the intravenous Line
- Giving oxygen inhalation
- Take inventories
- Care of patient on ventilator
- Ensure proper safety measures for patient & personal
- Care of patient with head injury & trauma care
- Monitor the patient sensorium (GCS)
- Observe the physical & medical condition of patients, the progress made are reported the same to the concerned doctor.

JOB DESCRIPTION

- Maintain asptic techniques at all times; make initial assessment of patients which includes vital signs.

- Receives patients from outgoing shift and properly hands over patients to the incoming shift staff.
- Perform direct nursing care, to the needs of patients actual and potential.
- Assesses condition of patient, notes observation accurately and inform the physician if needed.
- Assist the physician during their daily rounds.
- Carries out legal orders by physician, concerning treatment plans, with and understanding of the course and effect.
- Explain to the patients & relatives the procedure and treatment modalities that will be performed on hem, clarifies their doubts and provides care and support as needed.
- Does IV insertion catheter insertion, wound dressing as ordered.
- Establishes and maintain good working relationships with the patients and members of the health team.
- Institute life saving lines like Oxygen, ECG and cardiac monitoring devices.
- Provide basic health education to patients and family before discharges
- Maintaining records and reports of patient's up-t-date.
- Strict observation of infection control guidelines procedure like proper hand washing before and after contact with patients, wearing of gloves when handling potentially infections, discharges of patients like body fluids, blood and disposal of uncapped sharps.

REFERENCES

- 1- The Principal
A. Gnanalakshmi
Yashoda College of Nursing
Malakpet, Hyderabad
- 2- The Director
Yashoda Hospital
Secunderabad
- 3- Mrs. Saly Varghese
Chief Nursing Officer
Aster MIMS, Kottakkal.

DECLARATION

I hereby declare that all the information given above is true and can produce the testimonials whenever required.

Date :

Signature

Place : Kottakkal

JETTY THOMAS