

## **CURRICULAM VITAE**

Name : SYAMRAJ S L

Father's Name : Mr. Santhappan

Address (Permanent) : Nedumpurath (H)  
Kadakkarappally P O,  
Cherthala, Alappuzha  
Kerala, India  
Pin: 688529

Address (Communication) : Same as above

Mob : +91 9846916528(India)

Email ID : syamraj010203@gmail.com

### **OBJECTIVES**

*Looking forward to work as a professional nurse that capitalize on my skills, experience and personality besides providing opportunity for the service of the needy ones, to serve the sick with dedication and love. To work hard with determination to achieve.*

### **MY STRENGTH**

- *Humble and friendly*
- *Gentle and compassionate*
- *Ambitious and visionary*
- *Optimist with excellent organizational skills*
- *good communication skills and self confident*
- *High personal expectations with determination and energy to achieve*
- *Perfectionist and highly self directed*

### **TECHNICAL SKILLS**

- *Application software related to hospital setup*
- *Microsoft word, excel, PowerPoint, outlook, email, internet searching and browsing*

## **PERSONAL DETAILS**

*Date of Birth* : *01-03-1990*

*Sex* : *Male*

*Nationality* : *Indian*

*Religion & Caste* : *Hindu, Viswakarma*

*Marital Status* : *Single*

*Languages Known* : *English, Malayalam, Tamil & Hindi*

*Qualification* : *General Nursing & Midwifery*  
*Bachelor's Degree in sociology*

*Profession* : *Registered Nurse*

*Area of experience* : *Casualty*

## **PASSPORT DETAILS**

*Passport No:* : *L9439709*

*Date of issue* : *16-05-2014*

*Valid up to* : *15-05-2024*

*Place of issue* : *Cochin, Kerala, India*

## **EDUCATION**

- *General Nursing and Midwifery with 70% marks from Gautham School of Nursing, Kochi, Kerala, India in the year 2011, under Kerala Nursing Council. Reg No; 2768*
- *Senior secondary from Kandamangalam higher secondary school with 71% in Science (Biology) in the year 2007 under Board of Higher Secondary Examination, Govt. of Kerala.*
- *High school from Kandamangalam High School Cherthala, Kerala, India, in the year 2005 with 72% under Public Education Department Govt. of Kerala.*

## **PROFESSIONAL EXPERIENCES**

*Registered Nurse with more than 5 years experience*

**1. Gautham Hospital, Cochin, Kerala, India**

*200 bedded multi specialty Hospital( Trying for NABH Accreditation)*

*Department : Casualty*

*Experience : 1 year*

*Position : Staff Nurse*

*Date : From 2011 may 15 to 2012 May 14*

**2. St. Jude Hospital, Kottayam, Kerala, India**

*(100 bedded multi specialty hospital)*

*Department : Casualty and emergency*

*Experience : 2 years and 4 months*

*Position : Staff Nurse*

*Date : From 2012 May 21<sup>st</sup> to 2014 September 27*

**3. Reliance Insurance, RSBY( Rashtriya Swasthya Bima Yojna)**

*Alappuzha, Kerala, India*

*(verify the clinical records of the patients )*

*Department : Insurance*

*Experience : 1 year*

*Position : Insurance Investigator*

*Date : From 2014 October 3 to 2015 September 28.*

**4. Cochin Shipyard India Ltd**

*(International ship building and repairing facility)*

*Department : Emergency*

*Experience : 4 months*

*Position : Industrial Nurse*

*Date : From 2015 September 30 to 2016 January 30.*

**5. Ministry of Manpower, Singapore.**

*Department : psychiatry*

*Experience : 2 years*

*Position : staff nurse*

*Date : From 2016 February 2*

## **CERTIFICATION AND TRAINING**

- *CPR, AED AND FIRST AID Certification from St. John's Ambulance, valid up to 2019*

### **Training**

***3 months community health nursing posting during First and Third academic year of nursing at Kumbalangi community health centre, Cochin, Kerala, India.***

#### *Activities*

- *Been a part of the team which conducted a health workshop to monitor the health conditions of people in remote areas.*
- *Educated the patient, employees of the contracted company and families regarding the health problems, treatments and precaution measures.*
- *Handle the Queries and problems very efficiently and resolve them.*
- *Conducted health teaching programmes in Anganvadi, Kumbalangi.*
- *Attended Polio Camps and Home visits in Kumbalangi.*

***2 months Psychiatric nursing posting at sacred heart Psychiatric hospital, Paingulam, Kerala, India.***

*(560 bedded Psychiatric hospital in Idukki district Kerala, India)*

#### *Activities*

- *Assisted for Aversion and Electro Convulsive therapy*
- *Trained for caring people of all ages with mental illness or mental disease, such as Schizophrenia, bipolar disorder, psychosis, depression or dementia*
- *gained training in psychological therapy and psychiatric medical administration*

### ***2 month old age home posting***

*(at Palluruthy relief settlement Cochin, Kerala, India)*

*Rehabilitation shelter under the Cochin Vagrancy act for vagrant and destitute.*

#### *Activities*

- *Conducted social activities*
- *Assisted the inmates for activities of daily living*
- *participated in vocational training held there*

## **ACHIEVEMENTS AND AWARDS**

1. *Involved in medical education programmes regularly conducted in hospitals.*
2. *participated various cultural and sports activities*
3. *Participated in HIV/AIDS control programmes.*
4. *Participated in Red Cross and Alzheimer society programmes.*
5. *Attended free medical checkup camps for poor people organized in various villages*
6. *Actively participated in blood donation and immunization camps.*
7. *Conducted diabetic and hypertension classes.*

## **AWARDS**

*Among the top rank holders throughout my academics*

*Live member of Registered Nurse Association India.*

## **KEY RESPONSIBILITIES HANDLED**

- *Handling medical-surgical/critical care, emergency rooms, home health care, hospice, cardiac care and outpatient environments.*
- *Assessing, developing, monitoring and implementing complete plans of care through inter disciplinary team process for all admission/transfer of patients in emergency room and other facilities.*
- *Maintaining knowledge of changing procedures and regulations to enhance revenue for the emergency department.*
- *Identify training needs or conduct training sessions for nursing students or medical staff.*
- *Read current literature, talk with colleagues or participate in professional organization or conference to keep abreast of development in nursing.*
- *Assess the needs of the clients, plan the care as per the priority and deliver the client care, observing physical, emotional conditions of clients and progress made and report the same to physician concerned.*
- *Disposal of bio- medical waste as per regulations carrying out the treatment plan as made for the care of clients.*
- *Observing the results of treatments and its outcome ensure the safety measures of the clients, the relatives of the clients and personals in the unit.*

## **HOBBIES**

- *Internet surfing for education and entertainment*
- *Gardening and farming*
- *Cricket*
- *Listening to music*
- *Travelling*

## **DECLARATION**

*I hereby declare that the above facts and information provided are true and authentic to the best of my knowledge and belief.*

*The Curriculum vitae is true and correct as at .....*

*Place: cherthala*

*Date: 1-01-18*

**SYAMRAJ S L**