

MARY CLARE VARGHESE

Email: maryclare63@gmail.com | Mob: 9645539081

Compassionate and dedicated Registered Nurse seeking to leverage nursing experience. Well regarded skills in providing optimum patient care, committed to continued professional practice.

PROFESSIONAL EXPERIENCE

MOSC Medical College Hospital

June 2017 – February 2018

MOSC Medical College Hospital is a well-known multi speciality 1000 bedded hospital with all modern facilities in Ernakulam district.

Role: Trainee - Nurse

Primary Responsibilities

- Preparation of patient for – CT guided biopsy, Ultrasonography, Endoscopy
- Assessment of Medical patients including pulmo – medicine, Dermatology
- Basic Nursing procedures – Vital Science monitoring, Bed making and unit cleaning, comfort and safety. Etc
- Specimen collection (Blood, Urine. Etc)
- IV cannula insertion
- Medical Administration – Oral, IV, IM, SC, ID
- Ryles Tube feeding
- Oxygen administration and suctioning
- Assisting in Lumbar Puncture, Bone marrow aspiration, Thoracentesis
- Post care of inter costal drainage
- Urinary catheterization
- Bladder and Bowel wash
- Blood Transfusion
- Maintenance of records and reports, ward management

Cases Handled

Communicable Diseases – Dengue Fever, Malaria, Typhoid COPD Pneumonia
Hypertension LRTI Mellitus Lung Abscess Diabetes
Gastroenteritis Poisoning, Bites Anemia Respiratory Distress
Skin Disorders – Psoriasis, Dermatitis. Etc Hyperlipidemia

Equipments Handled at work

Pulse Oxymeter Oxygenator Suction Apparatus Ventilator – BIPAP
Glucometer Sphygmomanometer Thermometer

EDUCATION

Bachelor of Science - Nursing (2012-2016) - 64%
Kerala University of Health Science Thrissur, Holy Family College of Nursing Thodupuzha East

Secondary Education, (2010-2012) – 85%
Nirmala Higher Secondary School Muvattupuzha (HSE)

High School Education, (2010) – 80%
Nirmala Higher Secondary School Muvattupuzha (SSLC)

Awards

- Certificate for CHESS – 3rd Prize
 - i) The Student Nurses Assosiation of India, Kerala State East Zone - 2013, 2014
- Quiz competition – 1st Prize (Unit Level - 2015)

Certification

IELTS overall band score 6.5 in Academic level (British Council).

Personal Information

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| Nationality | : Indian |
| Date of Birth | : 08 September 1994 |
| Sex | : Female |
| Marital Status | : Single |
| Work Place Preference | : Any Country |
| Languages | : English, Malayalam, Hindi |

DECLARATION

I, Mary Clare Varghese, hereby declare that the above mentioned details are true to the best of my knowledge.