

SUNIL THOMAS



skaniparampil@gmail.com



+91-9562587007

Kaniparampil
Chemmalamattom PO
Kottayam
Kerala
India- 686508



CAREER OBJECTIVES

To work in an organization which provides opportunities for growth, learning and scope for the implementation of my skills in Human Resource Management & IT and to give my best to the organization.

ACADEMIC CREDENTIALS

MBA (HR & IT) from Marian International Institute of Management, Kuttikanam .

Diploma in Philosophy from St. Joseph Seminary, Mangalapuzha with 61%

Bachelor in Economics from St Dominic's College, Kanjirapally with 58% .

HSS (XII) from St. George H.S.S Aruvithura in Commerce with 64.75% 10th from L.F.H.S.S, Chemmalamattom with 55.55%

WORK EXPERIENCE

Still working as the **HR EXECUTIVE** in SH Medical Centre Hospital, Nagampadam, Kottayam from 30/5/2016

Freelance Trainer

Office Secretary at Family Renewal Centre, Kanjirapally.

Office Secretary at Kerala Catholic Students League, Kanjirapally.

PROJECT WORK

Organisational Study at Numato Systems Pvt. Limited, Bangalore.

A Study on Grievance Handling and Labour Welfare at Duroflex Private Limited, Alappuzha.

TECHNICAL PROFICIENCY

Microsoft Word

Microsoft Excel

Microsoft PowerPoint

Adobe Photoshop

PERSONAL ATTRIBUTES

Leadership Skills

Coordinating Skills

Team Player

Enthusiasm

Good Listener

Rapid Learner

HOBBIES AND INTEREST'S

Travelling

Reading

Social Networking

Listening Music

ACHIEVEMENTS

Award for **outstanding in social commitment** during the two year MBA course, 2013-15.

College Magazine Editor.

Head of **Facility Committee** for the South Indian Management Fest **Caligo 2014**.

Conducted an interview with **Mr. Omman Chandy**, the Hon. Chief Minister of Kerala (2011-16) for College Magazine.

Conducted an interview with **Mr.K.M Mani**, the Hon. Finance Minister of State Kerala (2011-15) for College Magazine.

Individual Champion of College Youth Festival of Marian International Institute of Management. (**Rainbow 2014**)

Coordinated an **All India Picnic** for **Kanjirapally Diocese**.

Elected as the **Chairman of Natural Club** Unit of Marian International Institute of Management.

Student Coordinator of **Saga 2015**-Series of One Day Work Shop for Degree Students for various Colleges Under the initiative of HR Department of Marian International Institute Of Management.

Conducted Various **Training Programmes** for Youth in **Diocese Of Palai**.

PERSONAL DOSSIER

Date of birth: 28/6/1986

Gender: Male

Nationality: Indian

Languages known: English, Malayalam,

Marital status: Single

Father's name: K.M. Thomas

Mother's name: Aleykutty Thomas

REFERENCE

Dr. VINCENT VARGHESE

Professor

Marian International Institute of Management,

Kuttikanam

+919400373022

SR.DEEPA SH

HR Manager

SH Medical centre hospital, Kottayam

+91 9446431192