

CURRICULUM VITAE

JESLIN JOSE

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CAREER OBJECTIVE

As an experienced nurse I would like to join a reputed hospital that offers me a constructive and challenging work environment for enhancing my nursing skills and contribute in reaching optimal healthcare standards.

Name	:	JESLIN JOSE
Name of father	:	Jose K. Mathew
Date of Birth	:	28 – 08 - 1992
Sex	:	Female
Religion & Caste	:	Christian, Jacobite
Marital Status	:	Single
Nationality	:	Indian
Permanent Address	:	Kolannayil House Kuzhiyara P.O., Chottanikkara Erankulam Dist Kerala, INDIA Pin: 682 312
Educational Qualification	:	B.Sc Nursing
Language Known	:	English, Hindi, Malayalam & Tamil (Average)
Experience	:	2 years' experience as a staff Nurse in Fortis Escort Heart Institute & Research Centre at New Delhi (from 22 – 04 – 2015 to 30 – 04 -2017).

Core Strength

- ✓ Punctuality
- ✓ Adaptability and flexibility
- ✓ Self control
- ✓ Attendance
- ✓ Ethical
- ✓ Ability to meet deadlines

- ✓ Organized and multi-tasking – Ability to handle multiple priorities
- ✓ Posses effective verbal and written communication skills
- ✓ Good judgment, decision making and problem solving skills
- ✓ Excellent performer – assessing, diagnosing, planning, implementing and evaluating of nursing care.
- ✓ Resourceful

EDUCATIONAL QUALIFICATIONS

YEAR OF STUDIES	BOARD/UNIVERSITY	INSTITUTION	COURSE
2008	Board of Public Examinations, Kerala.	Georgion Academy, Thiruvankulam	S.S.L.C
2010	Board of Higher Secondary Examinations, Kerala.	St.Mary's Higher Secondary School Thalacode	Plus Two

PROFESSIONAL QUALIFICATION

YEAR OF STUDIES	BOARD/UNIVERSITY	INSTITUTION	COURSE
2010 – 2014	Kerala University of Health Science	Indira Gandhi College of Nursing, Kadavanthra	B.Sc Nursing

CLINICAL EXPERIENCE

PERIODS OF EMPLOYMENT	AREA OF PRACTICE	POSITION HELD	BED CAPACITY	NAME OF THE INSTITUTION
22 – 04 -2015 To 30 – 04 -2017	CTVS	Staff Nurse	310	Fortis Escort Heart Institute & Research Centre at New Delhi

REGISTRATION HELD

REGISTRATION	COUNCIL / ASSOCIATION
KL 03201501911	Kerala Nursing Council

DESCRIPTION OF HOSPITAL

Name of the Hospital : Fortis Escort Heart Institute,
New Delhi-110025

Bed Capacity : 310 Bedded

Nurse Patient Ratio : 1:1

Ward Name & Capacity : CTVS ICU

This hospital is a 310 bedded and ISO 9001: 2000 Super Specialty Heart Institute & Research Centre, Okhla Road, New Delhi works under Medtrack System. It is one of the world famous Cardiac Institutes with well-advance diagnostic therapeutic facilities.

I am working as a Staff Nurse in the **CTVS ICU** with one patient per day who requires critical care monitoring.

ROUTINE NURSES PROCEDURES CARRIED OUT INDEPENDENTLY

- Administration of Medicine
- Infusion & Transfusion
- Airway Management
- Suction & Drainage
- Ambulation Immobilization
- Blood Sugar, Urine Sugar
- Wound Dressing
- Catheterization
- Irrigation Lavage, Inhalation
- Extubation

WITH ASSISTANCE

- ❖ Intubations
- ❖ C.P.R., I.C.D
- ❖ Tracheostomy
- ❖ Internal Jugular, Subclavian Femoral, Radial Tube Insertion
- ❖ Larayngoscopy
- ❖ Broschoscopy
- ❖ Aspiration & Biopsies
- ❖ Abdominal Paracentesis
- ❖ Cut down Vein
- ❖ Defibrillation, Cardioversion

SURGICAL CASES

ADULT SURGERIES

- Coronary Artery Bypass Graft
- Mitral Valve Replacement
- Aortic Valve Replacement
- Arterial Septal Defect Closure
- Bentall's Procedure
- Sinus of Vulsalva Repair
- Pericardiectomy
- Myxoma Removal

- Heart Transplantation
- LVAD Procedure

THORACIC SURGERIES

- ❖ Pneumonectomy
- ❖ Lobectomy

VASCULAR SURGERIES

- Aneurysm Repair
- Embolectomy
- Femoro-Popliteal Bypass

MEDICAL CASES

- ❖ GI Bleed
- ❖ Chronic Renal Failure COPD
- ❖ CVA
- ❖ Hepatic Encephalopathy ARDS
- ❖ Cardiac Arrhythmias
- ❖ Head Injury
- ❖ Parkinsonism
- ❖ Acid Peptic Disease Seizure
- ❖ Liver Cirrhosis
- ❖ Bronchial Asthma
- ❖ Pulmonary Tuberculosis
- ❖ Diabetic Ketoacidosis
- ❖ HTN
- ❖ DM
- ❖ Malaria

DUTIES AND RESPONSIBILITY

In our I.C.U., we have individual patient assignment. The assigned Staff has to take the overall responsibility of the Patient

DUTIES:

- Receiving the Patient from O.T., who has undergone Cardio Thoracic Surgeries and Setting in the I.C.U.
- Taking Care of the Endotracheal Tubes and Ventilator Management.
- Initial Assessment and Continuous Monitoring of the Patient, taking care of the All Lines (Central Line, Arterial Line, C.V.P. Line etc).
- Medicine Administration of Inotropes infusing if it is needed.
- Continuous E.G.C and Vital Signs Monitoring.

- Sending Blood Samples for Periodical Investigation
- Blood Transfusion and Maintaining Fluid and Electrolyte Balance.
- Giving General Nursing Care for Maintaining Personal Hygiene and Infection Control and giving psychological support.
- Removal of Lines according to the Patient's Condition.
- Helping the Patient to Mobilize.
- Explaining the Importance of Chest Physio and Teaching the Post-Operative Limb Exercise.
- Giving effective support Care like Psychological Support, Motivation and Counseling to the Patient.
- Shifting out the patient to intermediate I.C.U. or Ward.

RESPONSIBILITY :

- ❖ Management of Intensive Care Unit.
- ❖ Teaching and Supervision of New Staff / Students.
- ❖ Team Approach
- ❖ Haemodynamic Monitoring
- ❖ Care of Critically ill Patients.
- ❖ Assisting in Starting Central Line.
- ❖ E.C.G. Monitoring
- ❖ ABG Analysis
- ❖ Fluid & Electrolyte Management.
- ❖ Insertion of Nasogastric Tube.
- ❖ Catheterization.
- ❖ Administration of Medication
- ❖ Psychological of Counseling for Patients
- ❖ In-Service Health Education Programme.

EQUIPMENTS USED IN I.C.U

Ventilators

Seimens, Puritan Bennett, Drager, Varsamed Centsva.

Monitors

Eagle, Compaq, Spacelabs, Life Scope, L & T, Vitatek, Philips.

Syringe Pump

Terumo, Nipro, Atom (Monojet), Module Dps.

Infusion Pump

Volumed Nipro, Diginfusa, Arrow, Datascope, Agilent (AED)

Defibrillators

Hellige, Codemaster

Pulse Oxymeter

Nonin, Ohmeda

Machine

Hewlett Packard, AV Sequence, Medtronic

Warmer

Bair Hugger, Worm Touch.

- ❖ CPAP, BIPAP Machines
- ❖ Echo
- ❖ Dialyser
- ❖ Doppler
- ❖ Vibrator
- ❖ Glucometer
- ❖ X-Ray Machine
- ❖ Nebulizer
- ❖ Minor Surgical Instruments
- ❖ NG Tube
- ❖ IV Cannula
- ❖ Temporary Pacemaker

REFERENCES:**CAPTAIN SABITHA NATH**

Chief of Nursing
Fortis Escorts Heart Institute & Research Centre
Okhla, Road,
New Delhi -110025.

DECLARATION

I do declare that the above information one and true to the best of my knowledge. Considering the above I hereby request you to kindly give a chance work as a Staff nurse in your institution. I will try my level best for the betterment of your institution and herby upgrade the standards of the noble nursing profession.

Place: *Chottanikkara*

Date:

Jeslin Jose