

## CURRICULUM VITAE

**Jintu Jose, R.N., R.M., Post B.Sc**

Mobile: +91 8940446454

Email: [jintujose54@gmail.com](mailto:jintujose54@gmail.com)



### PROFILE

Dedicated and patient-focused **Registered Nurse** with proven strengths in acute patient care and staff development

- Exceptional capacity to multi-task: manage numerous, often competing priorities with ease and foster the provision of superior patient care.
- Administrative and referral experience including admissions, assessment, treatment and education for various medical conditions.
- Widely recognized as an excellent care provider and patient advocate
- Outstanding interpersonal and communication skills; superior accuracy in patient history, charting and other documentations.

### PERSONAL DETAILS

Name	:	<b>JINTU JOSE</b>
Date of birth	:	11 <sup>th</sup> April 1991
Sex	:	Female
Father's Name	:	Mr. N.M. Jose
Nationality	:	Indian
Religion	:	Christian
Marital Status	:	Single
Present Address	:	Nediyanikkuzhiyil House, Kakkad P.O.Piravom, Ernakulam District Kerala State pin code: 686664
Permanent Address	:	D / o. N.M. Jose, Nediyanikkuzhiyil House, Kakkad P.O, Piravom, Ernakulam District. Kerala. India Pin Code: 686664
Contact No.	:	Mobile: +91 8940446454
E Mail ID	:	<a href="mailto:jintujose54@gmail.com">jintujose54@gmail.com</a>

**PASSPORT DETAILS**

Passport No. : R6346536  
Date of Issue : 17-11-2017  
Date of Expiry : 16-11-2027  
Place of Issue : Cochin

**LANGUAGES KNOWN**

To Write : English, Malayalam and Hindi  
To Speak : English, Tamil, Malayalam and Hindi

**ACADEMIC QUALIFICATION**

<b>COURSE</b>	<b>NAME OF INSTITUTION</b>	<b>YEAR</b>
<b>10<sup>th</sup> Standard</b>	<b>M.K.M. HSS, Piravom, Kerala</b>	<b>2006</b>
<b>12<sup>th</sup> Standard</b>	<b>St. John's HSS, Vadakara, Kerala</b>	<b>2008</b>

**PROFESSIONAL QUALIFICATION AND REGISTRATION**

<b>QUALIFICATION / REGN.</b>	<b>UNIVERSITY/ INSTITUTION</b>	<b>REMARKS</b>	<b>YEAR OF COMPLETION</b>
Diploma in General Nursing & Midwifery	Christian Medical College & Hospital, Vellore. Tamil Nadu	First Class	2008-2012
Post Basic Bsc Nursing	Christian Medical College & Hospital, Vellore, Tamil Nadu	First Class	2015- 2017
Professional Registration	Trained Association for Nurses, India	Membership No.: 233439/LMT	
	Christian Medical Association Of India	NO 25661 NI	

## PROFESSIONAL EXPERIENCE

S.NO	DESIGNATION	NAME AND ADDRESS OF INSTITUTION	AREAS OF EXPERIENCE	BED CAPACITY	PERIOD
1.	Staff Nurse	<i>Christian Medical College &amp; Hospital, Vellore, Tamil Nadu</i>	Medical ICU	12 Bedded	10 -2- 2013 to 9-07-2015
2.	Staff Nurse	<i>Christian Medical College &amp; Hospital, Vellore, Tamil Nadu</i>	Medical Ward	40 Bedded	4-2- 2013 to 9-2- 2013
3.	Community Health Nurse	<i>Community Health and Development (RUHSA) Christian Medical College, Vellore</i>	Community & Health Department	75 Bedded	10 - 2- 2012 to 03-02-2013

### MY INSTITUTION: (Studied & Working)

**Christian Medical College** is one of the standardized hospital in India. It is a private University Teaching Hospital (Medicine, Nursing, and Allied Medicines). College of nursing Christian Medical College is a **WHO COLLABORATING CENTER FOR NURSING AND MIDWIFERY DEVELOPMENT**. In 2001 the National Assessment and Accreditation Council (NAAC) on autonomous institution of the University Grants Commission awarded a **FIVE STAR RATING** to the *Institution*.

In 2002 the Institution was awarded a **H.I. H-ONE FOR SUPER SPECIALITY TEACHING HOSPITAL** rating by ICRA (Investment Information and Credit Rating Agency). It is also known for the outstanding and multidisciplinary departments and excellence in clinical work. CMCH has bed rate 2235 and an average inpatient of 1500 and an average 3382 out patients are treated everyday with 55 wards 27 clinics and 105 departments.

CMCH trains us with technical competence to secure the needs of a whole person according to its motto

**“NOT TO BE MINISTERED UNTO BUT TO MINISTER”.**

### GENERAL MEDICAL WARD

It is a 40 bedded general ward with 12 SEMI ICU Beds. Take care of 10 to 15 patients including one semi ICU bed in a shift. Responsible for maintaining adequate supplies in the ward supervision of

junior nurses, students and non-professional workers in the absence of ward sister. Attending rounds and maintaining census.

## **MEDICAL ICU**

MICU admits patients with poisoning, envenomation, septic shock, acute GI bleed, hepatic coma, pulmonary edema, ARDS, dengue, scrub typhus, pneumonia, swine flu, pulmonary tuberculosis, needing monitoring, oxygen therapy, ventilatory and hemodynamic support. MICU has totally 12 beds.

The department may get patients from different units of hospital like General Medicine, Nephrology, Hematology, Endocrinology, Gastro Hepatology, Dermatology & Respiratory Medicine those who need mechanical ventilation.

## **DUTIES AND RESPONSIBILITIES 8 Hrs/day (44 Hrs per week)**

- ❖ Nurses prayer
- ❖ Taking over the report from the previous shift
- ❖ Nurses bedside rounds
- ❖ Assessing the physical and psychological needs
- ❖ Planning the patient care
- ❖ Starting IV line
- ❖ Monitoring vital signs Q2H
- ❖ Packing and sending things for sterilization
- ❖ Nutritional needs of patients (Oral, Total parenteral nutrition, Intravenous infusion)
- ❖ Checking glasgow coma scale
- ❖ Monitoring fluid balance
- ❖ Drug administration
- ❖ Checking random blood sugar
- ❖ Checking central venous pressure
- ❖ Cardiac monitoring
- ❖ Maintaining dangerous drug and administration
- ❖ Tracheostomy care
- ❖ Female catheterization
- ❖ Tube feeding including bolus feeds
- ❖ Continuous drip feeds
- ❖ Resuscitating during cardiac & respiratory arrest
- ❖ Inserting nasogastric tube
- ❖ Administration of infusions like dopamine, nitroglycerin, morphine, lasix, adrenaline, atropine, noradrenaline, dobutamine, pavlon, lorazepam, amiodarone.etc..
- ❖ Dressing
- ❖ Catheter care including subclavian & foleys
- ❖ Bowel wash, enema, colostomy and ileostomy wash
- ❖ Blood administration
- ❖ Taking laboratory specimens including arterial blood gas
- ❖ Administering & monitoring chemotherapy intravenously & orally
- ❖ Giving injections (IV, SC, IM) and medications
- ❖ Giving chest physiotherapy & suctioning
- ❖ Family advice, counseling and support patients and relatives

- ❖ Family teaching (Eg: Diabetes)
- ❖ Care of patients on hemodialysis
- ❖ Care of patients on ventilator
- ❖ Care of patients on chest drainage
- ❖ Giving active and passive exercise
- ❖ Hot and cold application
- ❖ Attending seminars
- ❖ Death care

### **ASSISTED IN**

- Endotracheal intubation
- Starting central line, cutdowns (brachial, femoral, subclavian) and arterial lines
- Lumbar puncture
- Tracheostomy
- Bone marrow aspiration
- Thoracentesis and paracentesis
- Rectal and vaginal examination
- Nerve and muscle biopsy
- Liver and lung biopsy
- Bronchoscopy and endoscopy

### **SPECIAL DUTIES**

- In charge of the ward in the absence of ward sister
- Supervising non professional workers
- Attending rounds
- Taking special classes
- Teaching and supervising students in the absence of tutors

### **PATIENTS TAKEN CARE**

### **EQUIPMENTS KNOWN TO HANDLE**

- ✓ Pulse Oximeters
- ✓ ECG monitor (Hewlett Packard, Larsen & Toubro Monitors)
- ✓ Glucometer
- ✓ Infusion pumps (JMS, Terumo)
- ✓ CPAP machines & Bipap circuit
- ✓ Ventilators (Newport, Byrd, Bennett & Raphael)
- ✓ Hewlett Packard Defibrillator
- ✓ Laryngoscope
- ✓ Jet nebulizer

## **PERSONAL AND PROFESSIONAL QUALITIES**

An enthusiastic *Medical & Medical ICU Nurse* with 3 years of experience providing expert nursing care to patients with a range of medical conditions. A conscientious organized professional committed to improving the standards of care.

## **DECLARATION**

I hereby declare that the above said information are true and correct to the best of my knowledge and belief.

Place : Piravom

Date :03-02-2018

Signature  
**(JINTU JOSE)**

## **REFERENCE**

1. **MRS. DR. Prameela Lee, RN RM., M.SC (N)., Ph.D.,**  
Nursing Superintendent,  
Christian Medical College,  
Vellore – 632004
2. **DR. J. V. Peter, MD., FRACP;**  
Professor  
Medical ICU,  
Christian Medical College,  
Vellore – 632004
3. **MRS.Shirly David, MSc (N)., R.N., R.M.,**  
HOD, Medical Nursing,  
*Christian Medical College & Hospital,*  
Vellore