



MINU MATHAI

KOTTAPPURATHU, ERICAD

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Career Summary

Seeking a position as a nurse in a reputed hospital where I can get learning environment along with using my skills for the profitability of the hospital and could serve the patients.

Key Responsibilities

- Handling Medical-surgical/critical care, emergency rooms, neo natal care units, home health care, hospice, cardiac care, and out-patient environments.
- Handling injuries and illnesses, including administering medications and applying medical devices.
- Assessing, developing, monitoring and implementing complete plans of care through interdisciplinary team processes for all admissions/transfers of patients in the Emergency Room and other facilities.
- Performing PEG feeding and Tracheostomy care.
- Maintaining concurrent communications with health care givers and ancillary departments.
- Monitoring records and outcomes of Utilization Review and Quality Assurance departments.
- Performing discharge planning for patients.
- Preparing reports of patients' care activities.
- Writing nursing orders.
- To identify patient care needs.
- Evaluate effectiveness of nursing practice.
- Provide direct care by performing comprehensive health assessments, developing differential diagnoses, etc.
- Assist others treatment plans

Education

Bachelors of Science – Nursing from NTR University in 2012

Professional Enhancements

- Registered Nurse under Andhra Pradesh Nurses and Midwives Council, Reg. No **137647**
- Registered Midwife under Andhra Pradesh Nurses and Midwives Council, Reg. No **137203**
- Registered Nurse and Midwife under Kerala Nurses and Midwives Council, Reg. No **42937**
- Basic Life Support and Advanced Cardiovascular Life Support course from International Academy of Emergency Medicine, approved by American Heart Association.

Nursing Experience

Madras Medical Mission, Chennai *May '13 – Aug '15*

- Worked closely with in house- unit cardiologists with accurate reporting recording of laboratory values with follow up treatment
- Recognized life threatening arrhythmias and means of treatment for patients in cardiac monitors, caring for Arterial lines, monitoring Swan Ganz catheters, drawing ABG's and other lab, interpreting and reporting results for proper medical management.
- Provided direct nursing care to critically ill patients, post-surgical including trauma and coronary artery bypass graft cases

Narayana Hridayalaya, Bangalore *Jun '16 – Aug' 17*

- Care for patients with various neurological disorders with the emphasis of patients with strokes and aneurysms, vascular malformations, post angio therapy, post tpa (tissue plasminogen activator) treatment, Spinal Cord injuries & traumatic head injuries.
- Monitored MAP and BP, drawing arterial blood gases and took care of the arterial lines
- Acted as a Medical Care and Specialized nurse for 20 bed unit for the Patients of anesthetics.
- Responsible for the recording and reporting values of laboratory with medical treatment.
- Administered the prescribed medications, changed dressings, clean the wounds and monitor the body.

References are available on request.