



CURRICULUM VITAE

ANU PAUL P

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CAREER OBJECTIVE

To be associated with the firm that provides Career development opportunities that shall yield the twin benefit of Job-Satisfaction and a steady paced Professional growth.

EDUCATION

No	Qualification	Year of passed	Institution	University	Mark obtained in %
1	M S W (NET Qualified)	2017	DiST, Angamaly	MG university	73.75%
2	B.Sc. Mathematics	2014	St. Xavier's college for women ,Aluva	MG university	60%
3	+2 (Science)	2011	St. Sebastian's HSS, Gothuruth	Board of Higher secondary examination, Kerala	70%
4	SSLC	2009	St. Sebastian's HSS, Gothuruth	Board of Public examination, Kerala	85%

Contact. No:
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Permanent Address

PULLAYIL(H),
VADAKKUMPURAM (PO),
ERNAKULAM (Dist),
683521(PIN),
Kerala. India.

Personal Data

Date of Birth:02.07.1994

Gender : Female

Nationality : Indian

Languages Known:

English, Malayalam,

Tamil,

AREA OF SPECIALIZATION

Medical and Psychiatry

STRENGTHS

I am self-confident, committed and a responsible enthusiastic and conscientious social worker and having positive attitude towards my work. I am a good team worker as well as a good team leader.

SKILLS

- Diplomatic and have an Optimistic approach in dealing with situations.
- Analytical, good at problem solving and excellent in maintaining interpersonal relationship.
- I am able to adapt to new concepts and situations with ease.
- And also have good Communication skill, teaching skill, organizing skill, coordinating skill, presentation skill, observation skill, attending skill, report writing skill, listening skill and Leadership skills.

EXTRACURRICULAR

- Active member in National Cadet Corps and passed ‘C’ and ‘B’ examinations in college level.
- Attended training camps of NCC two times
- Active member in Red Ribbon Club
- Participated in Group song competitions and won prize
- Participated Dance competitions and won prizes at college and school level.
- Participated Extempore competitions
- Participated in Blood Donation Camps in college and donate blood.
- Participated and won prizes in district level Work Experience Fair at school level.

CO-CURRICULAR

- Perusing certificate course in HIV/AIDS and family education at IGONU.
- Participated in Conference on “focus on promoting community and environmental sustainability” at Christ university Bangalore, March 2017
- Presented a paper in DeNovo’16, International Conference and Social Work Students’ on Health concerns in youth
- Coordinate and Organized DeNovo’16, International Conference and Social Work Students’ meet as a student coordinator on Social Work and Health: Inclusive research, education, and practice in Dec, 2016
- Participated in National Conference on ‘Multiculturalism’ at SSUS, Kalady2016.
- Organized and participated in Dhisha-2016, career guidance program for children from VII to XII in collaboration with Malayala Manorama.

- Participated in Samnwaya'16 International Conference & Student's Meet on social work intervention against drug abuse among children
- Participated in a seminar cum workshop on mental health first aid for all as a part of world mental health day celebration October 2016 at sacred heart mission hospital, Pullur.
- Participated in international youth day 2016 organized by Kerala state AIDS control society at Ernakulam.
- Organized participated a street play on HIV awareness at Angamaly Railway Station on December, 2016.
- Organized a street play and flash-mob at Angamaly KSRTC Bus-stand as a part of Earth day celebration (April, 2016.)
- Organized DeNovo'15, National Seminar and Student's meet at DiST, Angamaly
- Organized in Jingle Bells-15, students meet for children with special needs at DiST, Angamaly.
- Organized district level World Social work day (Ernakulam chapter- march) in collaboration with Kerala Association of Professional Social Work.
- Organized and took part in rural camp, Tharang in Attapadi in 2015.

Technical Expertize

- MS office
- SPSS
- Operating system –Windows 7, 8 & 10
- Basic computer skills

Professional Membership

KAPS Students social work Association membership

EXPERTISE

- Qualified National Eligibility Test (NET) for Assistant Professor.
- Participated one month International Student Exchange programme at Australia associated with James Cook University.
- Block placement at Bless retirement living, Aluva
- Block placement at St. Johns Medical College Hospital, Bangalore
- Block placement at Rajah rehabilitation center, Chavakkad

- Block placement at Nedumbassery panchayath for one month
- Block placement at KIDS (community development NGO) for one month.
- Cochin Corporation Street vendors survey
- Paravoor municipality Street vendors survey

Dissertation/ Project

A study on Emotional Intelligence of early adolescent girls pursuing matriculation during menstruation with special reference to Maria Theresa Scilli English medium School at N Paravur.

REFERENCE

- Jijo Joy, Head Of The Department, School of Social Work, DiST, Angamaly.
Contact No: +91 80783 40725
- Dr Peter Jones, Senior Lecture, Social Work and Human Services, James Cook University, Australia.
Contact No: +61 437320472

Declaration

I do hereby declare that the above furnished information is true to the best of my knowledge and belief.

03-01-2018
N. Paravur

ANU PAUL P