**Name** : ANIT C POULOSE

PERSONAL INFORMATIONS

**Profession** : **REGISTERED NURSE**

**Working Department** : **INTENSIVE CARE UNIT**

CONTACT INFORMATIONS

**Skype ID :** anitcpoulose

**GSM Number** : +91-9526364716

**Home** : 0477-2246766

**E-mail** : **anitcpoulose377@gmail.com**

PRESENT ADDRESS PERMANENT ADDRESS

Chethikkattu House

Poomkavu

Pathirappallyp.o

Alappuzha, Kerala, PIN: 688521

Gender : Male

Marital Status : Married

Date of Birth : 15.8.1990

Religion : Christian

EDUCATIONS ATTAINED

Secondary School : Central Board Of Secondary Education

Date of Certification : 2007 March

Name of Institute : Matha Senior Secondary School,Alappuzha, Kerala

Higher Secondary : Central Board Of Secondary Education

Date of Certification : 2009 March

Name of Institute : Matha Senior Secondary School ,Alappuzha, Kerala, India

PROFESSIONAL QUALIFICATION

Professional Course : **Bachelor of Science in Nursing**

Date of Certification **:** 25th OCTOBER 2014

University : Mahatma Gandhi University,Kottayam

Name of Institute : Pushpagiri College Of Nursing,Thiruvalla,Kerala, India

PROFESSIONAL LICENSE DETAILS

 Karnataka.

**Address of Licensing**

**Nursing Board : Kerala Nursing Council, Kerala-India**

**Registration Number : KL03201400407**

**Registration Date : 29th August 2014**

**Validity of Certificate : 29th August 2014- 28th August 2019**

**University : Mahatma Gandhi University,Kottayam**

CERTIFICATIONS ACHIEVED

* Developed ability to work as a member of a multi-disciplinary team.
* Worked in the position of secretary in SNA SOUTH EAST ZONE in 2013 including 46 nursing colleges.
* Class Representative in each year. Participated in course management meetings and Curriculum Development Group raising issues on behalf of student nurses and following up with progress reports.
* Personality contest winner at SNA ZONAL and SNA KERALA STATE LEVEL.
* Participated in LEADERSHIP TRAINNING PROGRAMME under the SNA KERALA STATE

**Research Work: EFFECT OF PLANNED TEACHING PROGRAMME ON KNOWLEDGE AND PRACTICE REGARDING MOSQUITO CONTROL MESURES AMONG THE RESIDENTS OF A SELECTED VILLAGE IN PATHANAMTHITTA DISTRICT**

**Achievements :**( Extracurricular activities)

* **Winner in Student Nurses Association ZONAL badminton, caroms competitions**
* **Kalaprathibha in the arts competition of pushpagiri college of nursing**

COMPUTER SKILLS

Well experienced in Internet, Excel work sheet, Word and Data Base &PowerPoint

LANGUAGE PROFICIENCY

English : Fluent in Speak, Read and Write

Hindi : Fluent in Speak, Read and Write

Malayalam : Fluent in Speak, Read and Write

Tamil : Fluent in Speak

WORK STRENGTHS ACHIEVED

* Well confident to work with critically ill patients on **ventilator, Pacemaker &IABP**
* Familiar with drug administration through **Syringe pump & infusion pumps**
* Assess and reassess on an ongoing basis for any significant changes in patient status
* As a monitor Nurse, Recognize **the Arrhythmias , initiate treatment**
* **Updating my valid competency through lectures, Internet, & Articles**
* Maintaining of narcotic drugs as per JCI protocol
* Rendering comprehensive nursing care to critically ill patients like wound Care, Back care etc.
* Emergency drug administration power
* Managing power to communicate and support the family members.
* Providing advanced life support measures within a team environment
* Nursing documentations in brief, accurate and complete manner

**PROFESSIONAL EXPERIENCE**

WORK EXPERIENCES

**1**

ST.THOMAS MISSION HOSPITAL

PALLICKAL P.O, KATTANAM

ALAPPUZHA

Have 3 years Experience in Intensive Care Unit

Department : Intensive Care unit

Department Details : 8 hrs full time shift duty

Duty Functions and Procedures Done

* Emergency Patient Care
* Oxygen Therapy
* Cardio Pulmonary Resuscitation
* Transfusion and Infusion Therapy
* Ryles tube insertion
* Interpretation of ECG
* Assisting for Cardioversion
* Urinary Catheterization(Male)
* Administration of medicines via Oral and Injection
* Assisting for Echocardiography
* ABG Sampling
* Assistance for Arterial line placement and removal
* Assistance for CVP line placement and removal
* Assistance for chest tube insertion and removal
* Assistance for Endoscopy
* Assistance for Bronchoscopy
* Total Nursing care of Ventillator Patients
* Maintaining of Records and Reports
* Preparation of Emergency drugs
* Continious monitoring of patients
* Preoporative and post oporative Care of the patient

Types of Patients Cared

* Coronary Angiography
* Myocardial Infraction
* Coronary Artery Bypass Graft
* Percutanious Transluminal Coronary Angioplasty
* Pace Maker Care
* Post oporative and Preoporative care
* IABP implantated Patient Care
* Permanant Pacemaker Implanted Patients
* CABG Patients

Duty Functions and Procedures Done

* Emergency Patient Care
* Oxygen Therapy
* Cardio Pulmonary Resuscitation
* Transfusion and infusion Therapy
* Ryle’s Tube Insertion
* Interpretation of ECG
* Care of CAG Patients
* Urinary Catheterization (Male)
* Administration of medicines via Oral and Injections
* Veno Puncture
* Total Nursing care of Ventilator patients
* Maintaining Records and reports
* Preparation of Emergency drugs
* Continuous monitoring of patients
* CVP monitoring
* Preparation of patients for CABG,PTCA,CAG,TPI,PPI and IABP
* CABG Patient care
* PTCA Patient care
* TPI Patient care
* IABP Patient care
* Usage of Defibrillator

HANDLED MEDICAL EQUIPMENTS

* Cardiac Monitor,Pulseoxymeter,
* Ventillator,Suction Pump,
* Ambu Bag,
* Cardiac Pacemaker,CVP
* Glucometer
* Syringe Pump
* Defibrillator
* Infusion Pump
* BIPAP
* CPAP

**Member Of the Critical Care Team handing all emergencies and staff education**

REFERENCES

ST.THOMAS HOSPITAL

**1**

s

REV JOHNSON MATHEW

Administrator

St.Thomas Mission Hospital

Kattanam

Alappuzha

Mrs Somavalli

Nursing Superintendent

St.Thomas Mission Hospital

Kattanam.Alappuzha

 College

**2**

Mrs Beena Basan

Principal

Pushpagiri College Of Nursing ,Thiruvalla

Pathanamthitta-Kerala

DECLARATION

I hereby declare that the above mentioned details are true and correct to the best of my knowledge and belief.

**Anit C Poulose**

**Date: 04/02/2018**

**Place: ALAPPUZHA,KERALA**