

TEENA JOHNY

Age : 24 years old
Date of birth : 16 May 1993
Sex : Female
Father's name : T.U Johny
Nationality : Indian
Address : Thottungal (H), Nadukani P.O
Kothamangalam-686691
Ernakulam (DT), Kerala
Cell : +91 8075311789, +91 9207405667
Email : teenajohny16@gmail.com

OBJECTIVE

To work as a clinical pharmacist to provide patient care by analyzing treatment chart and preventing problems related to disease and drug by dose adjustment, patient counselling, identification of medication error and adverse drug reactions. Interested to participate in healthcare team for the development of new drugs and therapies for rare diseases, thus to provide safe and efficient patient care.

SKILL HIGHLIGHTS

- Patient counselling
- Medication error identification and classification
- Pharmaceutical patient care
- Assessment of treatment chart and provide clinical intervention
- Adverse drug reaction analyses and reporting
- Dose adjustment especially in pediatric and renal failure patients
- Antibiotic therapy and drug safety
- Drug utilisation review
- Provide answers to queries given by healthcare professionals

EDUCATIONAL PROFILE

QUALIFICATION	INSTITUTE	BOARD/ UNIVERSITY	PERCENTAGE OF MARKS	YEAR OF PASSING
10 th standard	Vimalagiri Public School,	Central Broad of Secondary	91%	2009

	Muvattupuzha, Ernakulam (DT) , Kerala	Examination.		
12 th stanadard	Vimalagiri Public School, Muvattupuzha, Ernakulam (DT) , Kerala	Central Broad of Secondary Examination	81.6%	2011
Doctor of Pharmacy	J.K.K Nattraja College of Pharmacy, Kumarapalayalam, Tamil Nadu	Dr.MGR Medical University Chennai, Tamil Nadu	1 st year: 79.2%	2017
			2 nd year: 79.8%	
			3 rd year: 82%	
			4 th year: 82.8%	
			5 th year: 87.6%	
			Total: 82.28%	

PROFESSIONAL EXPERIENCE

Pharm D Intern- Government Head Quarter's Hospital, Erode, Tamil Nadu.

General Medicine- 6 months

- Participated in pre rounds and identify patient complaints thus to provide clinical intervention to doctors.
- Maintained proper storage and security conditions for all drugs.
- Verified accuracy and completeness of information on prescription and refill requests.
- Provided critical information and advice to patients regarding possible drug interactions, side effects, dosage and proper medication storage.
- Succesfully assisted patients with medical issues and provided valuable information regarding proper use of medical equipments through demonstrations and patient leaflets.

Psychiatry- 2 months

- Identifications of ADRS
- Verify timing of treatment
- Identify drug induced toxicity and its monitoring
- Review medical history for potential interactions and allergies.
- Provide patient counselling regarding drugs and food to bystanders
- Monitor treatment progress
- Analyse the drug of choice for treatment

Surgery-2 months

- Drug utilization review
- Types of surgeries
- Antibiotic prophylaxis to prevent infections
- Provide patient counselling- do's and don'ts after surgeries
- Dilution of antibiotics

Pediatrics- 2 months

- Reported adverse drug reactions and serious drug interactions
- Continuous Review of drug therapy.
- Calculate the volume of fluid for infants.
- Pediatric Dose Calculations.

ACHIEVEMENTS

College Topper (2011-2012 and 2015-2016)

SEMINARS/CONFERENCES ATTENDED

Seminars/Conferences	Date	Organiser
1) Indian Congress of Pharmacy Practice-Advancing Pharmacy Practice in India	21 -22 Feb 2013	Indian Association of Colleges, Bangaluru.
2) National level seminar on widening The horizons for practicing pharmacist in industry and hospitals	5-6 July 2013	PSG College of Pharmacy, Coimbatore
3) One day workshop on clinical pharmacy skills development	26 July 2015	J.K.K Nattraja College of Pharmacy, Tamil Nadu.
4) One day national Seminar on Herbal Antioxidants: Current Status and Perspectives	27 Nov 2015	SSM College of Pharmacy, Tamil Nadu.

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| 5) Indian Congress of Pharmacy Practice-2016 & 2nd Convention of IACP | 2-3 April
2016 | Indain Association Council of Pharmacy, Coimbatore |
| 6) One day national level seminar on Role of Clinical Pharmacist in India towards safe and Better Medicine | 7 April
2016 | J.K.K Nattraja College of Pharmacy, Tamil Nadu. |
| 7) Dimensions of Pharmaceutical Care Skills | 15-16 July
2016 | J.K.K Nattraja College of Pharmacy, Tamil Nadu. |
| 8) One week national level Seminar on Recent Innovation in Pharmaceutical Science | 25-30 Nov
2016 | J.K.K Nattraja College of Pharmacy, Tamil Nadu. |
| 9) Catalyzing changes in healthcare Pharmacy on 2nd International Conference on Clinical Pharmacy-CPCON | 20-21 Jan
2017 | Manipal College of practice Karnataka. |
| 10) MED'S 2017-High reliability in medication process | 18 March
2017 | GKNM Hospital, Coimbatore, Tamil Nadu. |
| 11) Clinical Pharmacy Practices in India- Current Scenario | 31 Aug
2017 | J.K.K Nattraja College of Pharmacy, Tamil Nadu. |
| 12) One day workshop on INCEPTO- Insights on Clinical Excellence Pragmatic Training & Orientation | 1 Nov
2017 | J.K.K Nattraja College of Pharmacy, Tamil Nadu |

SCIENTIFIC PRESENTATIONS

POSTER PRESENTATIONS

- Role of Antioxidant property of herbs in Hypertension –Review [Venue: SSM College of Pharmacy, Tamilnadu on 27 November, 2015]

- A study on drug prescribing pattern among geriatric patients in tertiary healthcare hospital, Tamilnadu [Venue: 2nd Convention of IACP, Coimbatore on 3 April, 2016]
- Assessment of quality of life among hypertensive and diabetes patients in a private institution [Venue: Manipal College of Pharmacy, Karnataka on 20 January, 2017]
- Information on insulin pen [Venue: G. Kuppuswamy Naidu Memorial Hospital, Coimbatore on 18th March, 2017]

ORAL PRESENTATION

- A pharmacist based intervention to improve the quality of life among hypertensive and diabetic patients in a private institution [Venue: J.K.K Nattraja College of Pharmacy, Kumarapalayam on 28 November, 2016]

SCIENTIFIC PUBLICATIONS

- Teena Johny, Sumitha SK, Krishnaveni K, Krishna Ravi, Rosmi Jose, Shanmuga Sundaram R, Sambathkumar R. **A review on role of antioxidant property of herbs in hypertension.** International Journal of Medical Research and Pharmaceutical Sciences. 2017; 4(4): 42-47.
- Teena Johny. **An Overview of Treatment Challenges and the role of Herbal Antioxidants in Diabetes Mellitus.** Research Journal of Pharmacy and Technology. 2017; 10(8): 2765-2770.
- Teena Johny, Sambath Kumar R, Venkateswara Murthy N, Shanmuga Sundaram R, Sudha M. **Miracle Vitamin- Role of Vitamin D in Human Health.** International Journal of Pharmaceutical Sciences Review and Research. 2017; 46(2): 142-148.

COMMUNITY SERVICE

As a part of project, we prepared and issued patient information leaflets for hypertension and diabetes mellitus including definition, normal range of BP and RBS, monitoring and do's and don'ts, food related counselling.

As a part of community service, we conducted free health check-up camps in and around Kumarapalayam, Erode and actively participated in awareness rally, performed patient counselling and involved in OP pharmacy duty.

Languages known : English, Malayalam, Tamil (speaking only)

REFERENCES

1. Dr. R. Sambathkumar., M.Pharm, PhD
Principal and HOD of Pharmaceutics
J.K.K.Nattraja College of Pharmacy, Kumarapalayam, Erode, Tamil Nadu.
Ph: +91 9842779911

2. Dr. N. Venkateswaramurthy., M.Pharm, PhD,
Professor and HOD of Pharmacy Practice department
J.K.K.Nattraja College of Pharmacy, Erode, Tamil Nadu.
Ph: +91 9842724689.
3. Mrs. K. Krishnaveni, M.Pharm
Assistant Professor, Department of Pharmacy Practice,
J.K.K Nattraja College of Pharmacy, Erode, Tamilnadu
Ph:+919965179049

DECLARATION

I hereby declare that all the information presented above is true to the best of my knowledge and belief and can be supported with relevant documents when needed.

Date:

Place:

Teena Johny