**CURRICULUM VITAE**

**CHRISTEENA E VARGHESE**

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+91 9526688760

CAREER OBJECTIVES

To secure a challenging position, where I can effectively contribute my skills in Nursing Profession. Dedicated to provide exceptional patient care, compassion and professionalism to manage patients’ medical and emotional care.

**PROFESSIONAL QUALIFICATION**

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| --- | --- | --- | --- | --- |
| **QUALIFICATION** | **INSTITUTION** | **BOARD OF UNIVERSITY** | **YEAR OF PASSING** | **REMARKS** |
| **B.sc. Nursing** | PSG COLLEGE OF NURSING (Peelamedu , Coimbatore) | Dr.M.G.R.University,  (Chennai ,Tamil Nadu) | 2011-2012 | PASS |
| 2012-2013 | PASS |
| 2013-2014 | PASS |
| 2014-2015 | PASS |

**EDUCATIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **COURSE** | **INSTITUTION** | **UNIVERSITY/ BOARD** | **YEAR OF PASSING** | **REMARKS** |
| **S.S.L.C** | IES Public School  Chittilappilly, Thrissur  Kerala | CBSE | 2009 | PASS |
| **HIGHIER SECONDARY** | IES Public School  Chittilappilly, Thrissur  Kerala | CBSE | 2011 | PASS |

**REGISTRATION / LICENSE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **LICENSE**  **ISSUED BY** | **LICENSE NO** | **ISSUED DATE** | **EXPIRY DATE** | **COUNTRY** |
| Tamil Nadu Nurses and Midwives Council | 165525 | 04/04/2016 | 29/07/2016 | INDIA |
| Kerala Nurses and Midwives Council | KL04201602533 | 29/07/2016 | 28/07/2021 | INDIA |

**PROFESSIONAL WORK EXPERIENCE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **FROM** | **TO** | **HOSPITAL** | **DESTINATION** | **DEPARTMENT** |
| 05/04/2016 | 17/09/2016 | Unity Hospital | Staff Nurse | Medical Ward |
| 19/09/2016 | 3/11/2017 | CIMAR Hospital | Staff Nurse | NICU |

**GAPS IN PROFESSION**

|  |  |  |
| --- | --- | --- |
| **FROM** | **TO** | **REASON** |
| 3/11/2017 | Till date | IELTS Training |

PROJECT AND RESEARCH STUDY

* Project done on the subject “a study to assess the prevalence of anemia among women under the reproductive age” (YEAR: 2015)
* Project done on the subject “a study to assess the effectiveness of disaster management, preparedness and mitigation in school children of PSG public school using mock drill.” (YEAR :2015)

INTERNATIONAL CONFERENCE ATTENDED

* Attended on the subject “International perspective on ageing”: evidence to guide clinical practice(YEAR:2014)

PROFESSIONAL SKILLS/AREA OF EXPERTISE

* Skilled in operating and monitoring medical equipment and apparatus
* Knowledge of assisting physicians in surgery and other medical procedures.
* Able to manage medications and treatments as prescribed by physicians or in keeping with policies and protocols.
* Knowledge of monitoring, assessing, addressing document and report symptoms and changes in patient’s condition.
* Computer skills. (MS office)

**PROCEDURES DONE AND ASSISTED :**

* IV canulation
* ET Intubation
* Catheterization
* OGT/NGT Insertion & feeding
* Injections
* Vaccinations
* Medications
* Ventilation
* Vital signs
* Monitors
* Phototherapy Machines
* UVC Insertion
* Blood pressure
* Suctioning
* PICC line
* ABG Collection
* Cardiac Monitoring
* Checking blood sugar level
* Collection of blood samples and specimens

**EQUIPMENTS HANDELD:**

* ECG Machine
* Laryngoscope
* Infusion pump
* Syringe pump
* Cardiac monitors
* Glucometer
* Ambu bag
* Stethoscope
* Sphygmomanometer
* Suction
* Pulse Oximeter
* Digital thermometer
* Nebulizer Machine
* Vein detector
* Oxygen Cylinder
* Weight machine
* Ventilator
* Airvo

**PERSONAL QUALITIES**

* Positive attitude
* Able to manage in any critical situation
* Able to solve problem immediately
* Self-motivation and caring attitude
* Strong commitment to standards of excellence in professional nursing
* Co-ordinating skills
* Excellent communication

**PERSONAL DETAILS**

|  |  |
| --- | --- |
| **Name**  **Date of Birth**  **Gender**  **Marital Status**  **Husband**  **Father**  **Mother**  **Permanent address**  **Mobile**  **Email**  **Languages Known**  **PASSPORT DETAILS**  **Passport No**  **Place of issue**  **Date of issue**  **Date of expiry** | Mrs. Christeena E Varghese  21st JULY 1993  Female  Married  Ginoy G Chakkiyath  E K Varghese  Annas Varghese  Edakalthoor house  Orumanayoor P.O  Chavakad, Thrissur dist  Kerala  +91 9526688760  chrisz2frndly@gmail.com  English, Malayalam, Tamil, Hindi, Italian  N4796216  Cochin  03-12-2015  02-12-2025 |

**REFERENCE**

1. Transcript

Mrs. Gene Elizabeth Abraham

Principal in charge

PSG College of Nursing

Coimbatore.

1. Dr.Thomas Ranjith

HOD & Consultant Neonatologist

CIMAR Hospital

Kochi

1. Mrs. Lt. Col. Ancy Das

Nursing Superintendent

CIMAR Hospital

Kochi