

CURRICULAM VITAE



SINI GEORGE

PUTHENPURACKAL HOUSE,
PUTHUKUNDOM,
KARTHIKAPPALLY. P.O,
ALAPPUZHA DISTRICT,
KERALA STATE, INDIA.
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Educational Qualification

- ❖ **DIPLOMA IN GENERAL NURSING AND MIDWIFERY (FIRST CLASS)** (School of Nursing, St.Thomas Mission Hospital, Kattanam, Alappuzha, Kerala ; March 2010)
- ❖ **PLUS TWO (80%)** (Board of Higher Secondary Education, Kerala ; March 2004)
- ❖ **S.S.L.C (82%)** (General Education Department, Govt. of Kerala ; March 2002)

Registration Details

- Registered Staff Nurse under Kerala Nurses And Midwives Council
- Reg No : 72184
- Date : 03rd May 2010

Personal Details

Sex : Female
Age : 30 Years
Date of Birth : 09th August 1986
Present Address : Biju Bhavanam, Thuvayoor (South),
Mannadi P.O, Enath (Via), Pathanamthitta,
Kerala, India. Pincode : 691530
Permanent Address : Puthenpurackal House, Puthukundom,
Karthikappally P.O, Alappuzha, Kerala,
India. Pincode : 690516
E-mail : sinibinu1986@gmail.com
Contact No. : +919567635028
Marital Status : Married
Nationality : Indian
Languages Known : English, Malayalam, Hindi and Tamil
Name of father : George Varghese
Name of mother : Omana Varghese
Name of spouse : Binumon Joy

Passport Details

Passport No. : J9910500
Date of Issue : 04/11/2011
Date of Expiry : 03/11/2021
Place of Issue : TRIVANDRUM

Work Experience

Total period of experience : 7 Years and 1 Month

1. Name of the Institution : Pulse Medicare Hospital, Trivandrum, Kerala.
Position : Staff Nurse, OP ; IP ward and Casualty
Period : 1 Year (01/09/2016 – Continuing)
2. Name of the Institution : KIMS Hospital, Trivandrum, Kerala.
Position : Staff Nurse, Medical Surgical Ward
Period : 3 Years and 4 Months (17/04/2013 - 28/08/2016)
3. Name of the Institution : Divine Medical Centre, Adoor.
Position : Emergency Care Unit Nurse (Casualty)
Period : 1 Year and 7 Months (15/09/2011 - 15/04/2013)
4. Name of the Institution : St. Thomas Mission Hospital, Kattanam, Alappuzha.
Position : Staff Nurse, Casualty
Period : 1 Year and 2 Months (25/07/2010 – 11/09/2011)

Carrier Objective

Seeking a position as a nurse in a reputed hospital where I can get learning environment along with using my skills for the profitability of the hospital and could serve the patients.

Key Skills

- Hard working.
- Can manage the critical situations easily.
- Good problem solving skills.
- Good verbal communication skills.
- Sound knowledge of medical terminology.
- Can handle the medical instruments.
- Broad knowledge of interventions.
- Preadmission assessment and testing.
- Use of testing program flow charts.
- Problem solver.
- Prevent accurate assessments for medical and surgical interventions.
- Emphasis on patient education and the nursing process.
- Conducts and develops complete, comprehensive and detailed analysis, evaluations and corrective actions.
- Highly self-directed.
- Confidence
- Patience
- Punctuality
- Disciplined towards duties

Other Skills

- Computer knowledge in Microsoft Word, Excel, and Power point

Job Responsibilities

➤ Job Description in Medical Surgical ward

- Manages and coordinates the care of patients utilizing the nursing process which includes assessment, planning, implementation and evaluation.
- Maintain accurate, detailed reports and records.
- Monitor, record and report symptoms and changes in patients' conditions.
- Record patients' medical information and vital signs.
- Carry out doctor's orders deemed as necessary for the client's well-being.
- Administer medications via oral, topical, intramuscular, intradermal and intravenous routes
- Assist patients with activities of daily living
- Performs enemas and other minor procedures under supervision of doctors
- Performs life saving measures like CPR, artificial resuscitation etc.
- Modify patient treatment plans as indicated by patients' responses and conditions.

- Consult and coordinate with health care team members to assess, plan, implement and evaluate patient care plans.
- Prepare patients for, and assist with, examinations and treatments.
- Monitor all aspects of patient care, including diet and physical activity.
- Instruct individuals, families and other groups on topics such as health education, disease prevention and childbirth, and develop health improvement programs.
- Prepare rooms, sterile instruments, equipment and supplies, and ensure that stock of supplies is maintained.
- Assist doctors in minor operations done at bedside.

➤ **Job Description in Emergency room**

- Get the personal data of the patient considering the physical, psychological, emotional, socio-cultural factors that may affect his/her health status
- Assessing the conditions of the patient by taking the initial vital signs.
- Establish patent airway and provide adequate ventilation.
- Evaluate and restore cardiac output by; control hemorrhage, prevent shock, maintain and restore effective circulation
- Performs life saving measures like CPR (Cardio-pulmonary Resuscitation), artificial resuscitation and rescue breathing
- Determine normal and abnormal neurologic activity by using the Glasgow Coma Scale (GCS).
- Insert / hook monitoring devices such cardiac monitor and pulse oximeter.
- Applying splint for fractures.
- Clean dressing on suture wounds
- Providing emergency health care to patients as per the instructions of doctor.
- Establish an intravenous access as directed by the doctor.
- Carries out doctor's order.
- Assists the doctor during minor procedures such as endotracheal intubation, wound suturing, circumcision and CTT (Chest Tube Thoracotomy) insertion and performing procedures as per doctor's order such as NGT (Nasogastric tube) insertion, NGT feedings, and suctioning.
- Read and interpret basic ECG (Electrocardiogram) results, especially lead II.
- Collaborates plan of care with other member of health team (accurate documentation for efficient communication of services).
- Responsible for assessing, evaluating and implementing the patient health care plans.
- Dealing with inquiries from patients and their family members.
- Provides instructions to patients about health care.
- Keeping records of all patients of emergency room

Training

- IELTS (March 2017) : 5.5 (Overall) ; Listening 5.5, Reading 6.0, Writing 5.5, Speaking 5.5
- Basic Life Support CPR training at KIMS Hospital, Anayara, Trivandrum, Kerala, India. (American Heart Association recognized training centre)

Character References

- Available on request

Declaration

I hereby declare that the above mentioned statement is true to the best of my knowledge and belief.

Place : Adoor
Date : 10/09/17

SINI GEORGE