

VINCY VARGHESE
VAZHAPPILLY CHAKKAN HOUSE
ANATHADAM ALOOR P O
THRISSUR, KERALA

E-mail :vinumaryann@gmail.com
Mob : 8086494917

CARRIER OBJECTIVE

- To pursue a rewarding and challenging career in the field of optometry with a well organized and well-appreciated institute/organization.
- To achieve a challenging and career prospective placement, where I will attain higher knowledge, learn new and novel technique and seeking a position to utilize my skills and abilities that offer professional growth while being resourceful, innovative, and flexible.
- To further carrier objective by providing good patient care.

EDUCATIONAL QUALIFICATION

- **BSc. Optometry** (2013-2017) from Al Salama Eye Hospital, Perinthalmanna, KERALA UNIVERSITY OF HEALTH SCIENCES, INDIA. (**with73%**).
- **Higher Secondary Education** (2011-2013), S.H.C.G.H.S.S CHALAKUDY, State Board of examination, Kerala (**with 90% in Science stream**).
- **Tenth Level Education** from, ST.ANNE'S PUBLIC SCHOOL,ANATHADAM , Central Board Of Secondary Examination, Kerala (**with FULL A1**).

CLINICAL EXPERIENCE

- **One year professional experience** during internship in Al Salama Eye Hospital, Perinthalmanna.
- Managed and gained proficiency in **subjective refraction** and **objective refraction**.
- Capable to do refraction by **retinoscopy** in case of mentally challenged people, children , uncooperative patients.
- Provided extensive patient care in the area of speciality such as **Biometry, Contact lenses, Orthoptics, Vision Therapy FFA, OCT**.
- Strong analytical skills and experience acquired during the **INTERNSHIP FIXED POSTING PERIOD in BIOMETRY and CONTACT LENS DEPARTMENT**.
- Perform Intra ocular Lens Power calculation with **ophthalmic Ultrasound (A- Scan) & IOL MASTER**.
- Perform **visual field analysis** especially with automated perimeter.
- Experience in **Contact Lens fitting, assessment and dispensing of Soft, RGP and Toric lenses**.
- **Knowledge in scleral contact lens**.
- Capable to perform **Orthoptic evaluation** and to provide appropriate treatment advice.
- Evaluate, manage and treat patients with **strabismus, amblyopia and binocular vision disorders**.

- Managed and gained proficiency in **Pre- and Post-operative care of Cataract surgery.**
- Experience in **IPD marking** and to **dispense apt lens and frame material.**
- Started **clinical posting** from the **Second year** of the course (From 2014 onwards).
- Assisted Ophthalmologists in clinic during this period.
- Attended Various **Charity work** Coordinated by Al Salama Charitable Eye hospital, subsidiary of Al Salama Eye Hospital.
- Attended **more than 150 Eye Camps on Cataract Detection, Diabetic Retinopathy Screening and Refractive Error correction** under the community ophthalmology, wing of Al Salama Eye Hospital, Perinthalmanna.
- Done **more than 2000 refraction** in clinic and camp.
- Done **more than 100 pediatric refraction** during internship.
- Experience in teaching theory classes for Opticianary course.

SKILLS ACHIEVED

- **Biometry (A-scan, Lacrimal syringing, Keratometry)**
- **Specialized in Contact Lens (assessment, fitting and dispensing).**
- **Objective (retinoscopy) and Subjective Refraction.**
- **Visual field analysis**
- **Automated Perimeter (Humphrey Field Analyzer).**
- **IOL Master.**
- **Specialized in Orthoptic evaluation.**
- **IOP Measurements.**
- **Macular Function Tests.**
- **Color Vision Testing.**
- **Slit Lamp examination**
- **Low Vision Management**
- **Emergency Ocular Management**
- **Other minor procedures**
- **OCT ,FFA & ICGA**
- **Lasik evaluation**

PROJECT DETAILS

- **THESIS ON “PREVALENCE OF PRIMARY OPEN ANGLE GLAUCOMA IN MALAPURAM LOCALITY”**
- **THESIS ON “PREVALENCE OF DIFFERENT TYPES OF ACQUIRED CATARACT IN PERINTHALMANNA”**
- **THESIS ON “EFFECTIVENESS OF OCCLUSION THERAPY IN AMBLYOPES”**

KEY ACHIEVEMENTS

- Course Completed from **WORLD OPTOMETRY COUNCIL** recognized centre named as Al Salama College of Optometry, Perinthalmanna, Kerala, India
- Attended **CME** on “**EYEDIA 2K17**” conducted by **Al Salama Eye Hospital, Perinthalmanna.**
- Attended **CME- ACME 3** conducted by **Ahalia College Of Optometry, Palakkad**
- Presented and attended **several seminars** in Al Salama College of Optometry, Perinthalmanna.
- Attended many community and corporate eye camps, awareness and screening surveys and also worked as a part of **VISION 20-20 PROGRAMME.**

AREAS OF INTEREST

- **Biometry procedures**
- **Contact lens**
- **Objective and Subjective Refraction**
- **Clinical Optometry**
- **Orthoptic evaluation**
- **Ophthalmic and Dispensing optics**
- **Low vision**
- **Retina Department (FFA and OCT)**

INSTRUMENT EXPOSURE

- Retinoscope
- A – Scan
- IOL master
- Humphery Field Analyser (HFA)
- Orthoptics instruments
- Schiotz and Non Contact Tonometer
- Automated and Manual Keratometer
- Computerized Autorefractometer
- Automated and Manual Lensometer
- Slit lamp
- OCT
- Pachymeter
- Fundus Camera

SOFTWARE EXPOSURE

- Operating Systems : Windows XP, Vista, Windows 8
- Electronic Medical Recording Software : **Blooray Medic C**

PERSONAL DETAILS

Nationality : Indian
Sex : Female
Date of Birth : 13 OCTOBER 1995
Religion : Christian (Roman Catholic)
Marital Status : Single
Blood group : B +ve
Contact Mobile Numbers : 8086494917, 8086547490
E-mail :vinumaryann@gmail.com

LANGUAGES KNOWN

- ENGLISH - Speak, Read, Write and Understand
- MALAYALAM - Speak, Read, Write and Understand
- HINDI - Speak, Read, Write, Understand
- TAMIL - Understand

REFERENCE

1. **Dr. J MUTHIAH** (MBBS, MS, FACS, FICO) Head Of Dept. Of Ophthalmology, Principal, Al Salama College of Optometry, Perinthalmanna.
2. **Dr. RAJESH .P**, M.D (A.I.I.M.S) Fellow L V PRASAD TCMC REG.NO.25865, Medical Superintendent &Chief Consultant Vitreo Retinal Surgeon,Al Salama Eye Hospital Perinthalmanna
3. **Dr. SHAJI HUSSAIN**, (MBBS,DNB,FICO),TCMC REG NO 35105 Consultant Refractive and Corneal surgeon, Al Salama Eye Hospital, Perinthalmanna.
4. **Dr.DIVYA MENON**, MBBS, DOMS FICO TCMC REG NO 33063 Consultant Ophthalmologist, Phaco Surgeon, Medical Retina Specialist, Al Salama Eye Hospital Perinthalmanna.

DECLARATION

I hereby certify that all the above information that I provided here is true to the best of my knowledge and belief.

VINCY VARGHESE

Place: THRISSUR