

CURRICULAM VITAE



Ms. ANJU JOSE
PARAMBY HOUSE
KARUKUTTY
683576
ERNAKULAM
KERALA,INDIA

e-mail :
anju66246@gmail.com
mob :8129769082
0484 2612482

PERSONEL DETAILS

Sex : Female

Date Of Birth : 06/07/1988

Nationality : Indian

Religion : Christian/

Marital Status: Single

Profession : Staff Nurse

Language known :English,
Hindi, Malayalam,Telugu,
Kannada

OBJECTIVE

Assure a career in my area of interest where my skills and knowledge coupled with organizational resources can be channelized to achieve the organizational objectives and personal growth. Well balanced and blended with high energy level and confidence, Potential ability to work hard and perform under pressure. Sincere and committed to profession

QUALIFICATION

Qualification	Year	Institution	Board/University
S.S.L.C	March 2004	St. Joseph Girls H S, Karukuty	Board Of Public Examinations Kerala State
PLUS TWO	March 2006	St. Joseph 's College, Angamaly	Board of Higher Secondary Examination Kerala

PROFESSIONAL QUALIFICATIONS / REGISTRATION

Course	Institution	University	Year of completion	Percentage Mark %
Post Basic BSc Nursing	Bapuji College of Nursing	RGUHS Karnataka	2012	1 st 68 2 nd 65
Diploma in General Nursing and Midwifery	Viswabharthi School of nursing	AP Nurses and Midwives Council Hyderabad	2010	1 st 70 2 nd 65 3 rd 65 4 th 72

LICENSES AND REGISTRATION DETAILS

- The A P Nurses and Midwives Council (GNM) 2010.(Kerala nurse and Midwives council Reg.No. 85841 15th Dec. 2010)
- Trained Nurses Association of India (2010)
- Additional qualification(Post Basic B.Sc) 2012 (Kerala Reg. No. 85841 Date 12/05/2015).

WORK EXPERIENCE 3 years 1 month

Name of Institution	Designation	Period of work		Area of Experience
		From	To	
Lisie Hospital,Ernakulm	Staff Nurse	25/08/2014	12/04/2016	Cardio Thoracic post operative ICU (CTVS -ICU)
		28/12/2016	06/05/2017	
Medanta the Medicity	Staff Nurse	07/01/2013	20/02/2014	Cardio Thoracic Post operative ICU(CTVS -ICU)

My Institutions

- Lisie Hospital is a multi –specialty Hospital with a capacity having 750 beds. It admits patients under General Surgery, Cardiology, Cardiac Surgery, Neuro Surgery, General Medicine, Orthopaedics, Urology, Pediatric, Obstetries & Gynaecology.
- Medanta the medicity is a multi –specialty Hospital with a Capacity having 1100 beds. It admits patients under General Surgery, Cardiology, Neuro Surgery, General Medicine, Orthopedics’, Urology, Pediatric, Obstetrics & Gynecology. It is Accredited by NABH and JCI.

CARE OF PATIENTS

- Coronary Artery by pass grafting
- Mitral valve replacement
- Double valve replacement
- Repair of arterial septal defect
- Repair of ventricular septal defect
- Heart transplantation

PATIENT CARE RESPONSIBILITIES

- Admission, transfer and discharge of patient.
- Assisting doctors for rounds, carry out their orders.
- Maintenance of good Nurse- Patient relationship.
- Assess the physical condition of the patient.

- Maintaining records and reports.
- Collection of specimens with sterile technique (Ex: Blood, Urine, Sputum).
- Care of bedsores patient with frequent backcare, second hourly changing the position.
- Administration of medications and injections with ten rights.
- Administering nebulization therapy.
- Patient hygiene such as mouth care, nail care, eye care, genital care and bowel and bladder care.
- Hot and cold application (Ex: Ice bag and hot water bag).
- Provides adequate health education to the patient.
- General surgery preparation.

EXPERIENCE PROCEDURE

- Care of Ventilating patients
- ECG machine
- Back care procedures
- Suturing and sutures removal
- Suctioning
- Dressing of minor and major wounds
- Bowel wash
- Collection of specimens
- Nebulization
- Steam inhalation
- Bladder wash
- Management of IV fluids
- Blood transfusion
- Vital sign Monitoring
- Maintenance of Records and reports
- IV cannulization.
- Insertion of Ryle's tube with or without laryngoscope.
- Feeding and gastric lavage.
- Foley's catheterization (draining and irrigation).
- Nebulization, steam inhalation, oxygen administration.
- Tracheostomy care, morning care.
- Chest physiotherapy.
- Splint application and traction.
- Colostomy care, all drain removal.
- Comprehensive nursing care

EQUIPMENT USED

- Crash Cart
- Monitors
- ECG Machine
- Ventilator
- Defibrillator
- Syringe pumps
- Temporary pacemaker
- ABG machine
- Suction Apparatus
- Pulse oxymeter.
- Glucometer.
- Doppler.
- Humidifier
- Nebulizer.
- Sphygmomanometer.
- Steam inhaler.

HOBBIES

- Reading to keep knowledge update.
- Listening to music.
- Interested in bedside clinical teaching.
- Travelling.

REFERENCE

1. Dr. Jose Chacko Periappuram
Cardiac Surgeon
Lisie Hospital
Ernakulam ,Cochin.
2. MRS. V Banerjee
Director Nursing ,
Medanta the Medicity,
Gurgaon, Hariyana.

DECLARATION

I hereby declare that the above information furnished by me true and correct to the best of my knowledge and belief.

Anju Jose

Place:

Date: