

## **CURRICULUM VITAE**

### **PERSONAL DETAILS**

Name : **THERESA M THOMAS**

Father's Name : Mr. Thomas M V

Specialty : Staff Nurse

Present Address : Theresa M Thomas  
Makarappilly House  
Kuvakattukunnu P O  
Pushpagiri Via, Meloor  
Thrissur, Kerala  
Pin: 680311

Nationality : Indian

Email : [theresamthomas21@gmail.com](mailto:theresamthomas21@gmail.com)

Languages Known : English, Malayalam & Hindi

Contact No. : 8547818774, 9446457774

Date of Birth : 21.06.1993

Gender : Female

Marital Status : Single

Religion : Christian

### **PASSPORT DETAILS**

Passport No. : N8814368

Date of Issue : 16.03.2016

Date of Expiry : 15.03.2026

Place of Issue : Cochin

### **License Details (Delhi)**

Address of Licensing Body: The Delhi Nursing Council  
Professional Status : Registered Nurse and Midwife  
License/ Registration No. : 64033  
Registration Date : 03.05.2016

### **ACADEMIC QUALIFICATION**

<b>Qualification</b>	<b>Institution</b>	<b>Year of Passing</b>
S S L C	S H C G H S S, Chalaky, Kerala	2009
Higher Secondary Education	Govt. H S S, Chalaky, Kerala	2011

### **PROFESSIONAL QUALIFICATION**

<b>Qualification</b>	<b>Institution</b>	<b>Year of Passing</b>
BSC NURSING	Amala College of Nursing Thrissur, Kerala	2015

### **EXPERIENCE DETAILS**

<b>Period</b>	<b>Institution</b>	<b>Designation</b>	<b>Department</b>
05.05.2016 to 19.07.2017	Max Super Specialty Hospital, Shalimar Bagh, New Delhi, India	Staff Nurse	Medical Surgical Ward

### **PROCEDURE DONE**

- VBG sampling
- ABG sampling
- Vitals recording
- Sending cultures (Blood, Urine, Sputum)
- Surgical site dressing
- IV cannulation

- Tracheostomy suctioning
- Oral suctioning
- Ryles tube feeding
- Oral care
- Foleys catheterization
- Foleys catheter removal
- ECG Taking
- Drug administration
- Blood Transfusion
- Bed sore dressing
- Back care
- Syringe pump handling
- Oxygen administration
- Sponge bath
- Colostomy care
- ICD care
- Bed making

### **EQUIPMENTS HANDLED**

- Pulse oxymeter
- Cardiac monitor
- Syringe pump
- Thermometer
- Glucometer
- Oxygen cylinder
- ECG Machine
- Nebulizer apparatus
- BP apparatus
- Steam Inhaler

- AMBU Bag

### **TYPES OF PATIENT HANDLED**

- Post-operative patients
- Pre-operative patients
- Patients with pressure sore
- Patients with tracheostomy

### **DUTIES & RESPONSIBILITIES**

- Work as a fulltime registered nurse
- Preparation of the unit to receive the patient and setting the patient comfortable
- Administration of medication that is tablets, injection & transfusion
- Assist doctor for insertion of CVP and jugular catheter
- Performing simple diagnostic procedures like urinalysis glucometers etc.
- Hot and cold application (eg: Ice bag, hot water bag)
- Maintenance of intake output chart
- Care of pressure sore(eg: frequent back care and positioning)
- Well versed with following procedure like IV cannulation, golegs catheterization, nebulization, oxygen administration, suctioning, Ryles tube feeding, blood sampling.
- Recording of all the readings and procedures carried out to the patient at regular intervals with date and time notifying the doctor at times of variation.
- Assist doctors in procedures like lumbar puncture, Ascetic tapping & pleural tapping.
- Blood and blood product transfusion
- Maintaining good communication skill with clients and family.

## **COMPUTER KNOWLEDGE**

- Proficient in operational working knowledge of Microsoft windows and office applications (MS Word, Excel, PowerPoint, CPRS, BCMA, HIS and Internet.

## **REFERENCE**

- **Mrs. Sunita Uppal**

Chief Nursing Officer

Max Super Specialty Hospital

Shalimar Bagh, New Delhi

- **Dr. Prof.Rajee Reghunath**

Principal

Amala College of Nursing

Thrissur, Kerala

## **DECLARATION**

I hereby declare that above given information are true to the best of my knowledge and belief can be supported relevant documents when needed.

Place : Chalakudy

Date :

**THERESA M THOMAS**