**REHANA SUSAN JAMES**

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**Objective**

 To follow the footprints of “Florence Nightingale” as a compassionate nursing professional seeking opportunity requiring exceptional organizational skill and talent in patient relations, education and advocacy, can offer advancing abilities in assessment, formulating diagnosis, establishing goals, implementing interventions and evaluating outcomes.

**Personal Strength**

* + Ability to handle adverse situation diplomatically
	+ Adjustability
	+ Communication skills
	+ Comprehensive care provider
	+ Efficient coordinator of nursing care
	+ Responsibility
	+ Self-confidence and perseverance
	+ Sincerity
	+ Willingness to learn

**Personal Details**

Date of Birth : 26-01-1994

Age : 23 Years

Gender : Female

Marital Status : Married

Nationality : Indian

Religian : Christian

Address : Vattamodiyil

 Kuzhikala P.O

 Kozhencherry

 Pathanamthitta (Dist)

 Kerala-689644

**Language Known**

English, Malayalam, Kannada, Tamil

**Passport Details**

Passport No : R5974717

Place of Issue : Trivandrum

Date of Issue : 09/11/2017

Date of Expiry : 08/11/2027

**Academic Qualification**

B.Sc. Nursing from Manipal Collage of Nursing, Manipal in June 2016 with 65%

12th from SNDPHSS, Karamvelli in 2014 with 82%

10th from Marthoma Senior Secondary School Kozhencherry in 2012 with 68%

**Additional Training & Certificate**

Participated in

* Nurses training program on HIV/AIDS and ART training for nurse underthe global fund to fight AIDS, Tuberculosis and Malaria (GFATM).
* International Perspective on Aeging:Evidence to guide clinical practice

**Experience**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name of the Hospital** | **Bed Capacity** | **Clinical Area** | **Duration** |
| Kasturba Hospital, Manipal, Karnataka, India | **2050 Beds****NABH, ISO certified** | Ortho Intensive Care Unit | 19/09/2016 - 31/12/2016 |
| Multi Intensive Care Unit | 01/01/2017-till date |

**Experience Details**

* Preparing the ward or ICU for receiving the patient.
* Pre-operative & Post-operative Care.
* Monitoring the Vital signs of the patient.
* Managing the emergency situations like cardiac and respiratory arrest
* Taking care of ICDs, DTs, SVTs and Pick tails.
* Taking care of ventilator and non-ventilator, conscious and unconscious patients.
* Following Nursing process in assessment, planning, implementation and evaluating daily individual patient care.
* Assessing the Physical, Psychological and Psychosocial needs of the Patient.
* Provide health information to family member and taking consent for critical ill and various procedures.
* Administration of Medication (oral, IV, IM, ID, SC, and Epidural).
* Maintaining the intake output chart, IV Fluid and Narcotics.
* Checking the GRBS and Administration of Insulin.
* Meeting the Nutritional, hygienic and elimination needs of the patient.
* Dressing (eg: Bed Sore, Surgical wound)
* Managing and maintaining the confidential records.
* Preparing the patient for various Investigation and procedure (MRI, CT Scan. USG, Echo, LP, ECG, CVP, Ascetic, pleural, and pericardial fluid aspiration and sample collection - Blood, urine, stool).
* Performing procedures like peripheral line, Ryle’s tube, and Foleys catheter insertion, blood and blood products transfusion.
* Assisting in dialysis, and bloodletting.
* **Assisting the doctor in,**
	+ - * Arterial line insertion
			* Ascetic Pleural and pericardial fluid aspiration
			* Central and femoral venous pressure line.
			* Defibrillation
			* Dialysis catheterization
			* Electro Cardiogram
			* Endo tracheal Intubation
			* Extubating
			* ICD and pericardial catheter insertion
			* Lumber puncture
			* Nasal packing, suturing and surgical dressing
			* Tracheostomy
				+ Watching for complication and following the infection control method.
				+ Explaining the importance of the follow up.
				+ Also familiar with case of,

ARDS, COPD, Pneumonia, Pulmonary TB, Bronchial Asthama,H1N1, Lung Cancer, GB Syndrome, IHD, RHD, MI, HTN, CCF, Heart Block, Ventricular Tachycardia, DM, DKA, ALD, Hepatitis, Gastroenteritis, Renal failure, UTI, , Electric Burn, HIV, Malaria, Chicken pox, OP poisoning, snake bite, CVA, Seizure disorder, Meningitis, Stomach Cancer, GDD, Closed and open head injury, Stroke, Poly trauma, Post CABG, Post cardiac window, Multi organ dysfunction, Burns, Post lobectomy, UGI bleed, Chronic liver diseases..etc.

**Special Skills**

* Application and set of different modes of oxygen therapy
* Bladder catheterization
* Blood transfusion
* Cardio-Pulmonary-Resuscitation and management of other emergencies.
* ECG
* ET Suction, Lad Suction and oral Suction
* Intra-venous Canalization
* Management of inter costal drainage systems
* Management of Mechanical Ventilator
* Management of patients with various types of catheters
* Operations of syringe pumps, nebulizers and warmer blankets, Infusion pump.
* Plaster of Paris application
* Ryle’s tube insertion and feeding
* Surgical dressing

**Equipment Experience**

* Cardiac monitor
* Defibrillator
* ECG machine
* Emergency Trolley
* Glucometer
* Infusion Pump
* Mechanical Ventilator
* Nebulizer
* Pulse Oximetry
* Suction apparatus
* Syringe pump

**Reference**

1. Dr. Anice George

Dean

Manipal College of Nursing

Manipal

1. Mr. Binil.V

Assistant Professor

Manipal College of Nursing

 Manipal

1. Mrs. Yashoda

 Nursing Superintendent,

 Kasturba Medical College

 Manipal- 576104

**Declaration**

I do hereby declare that the above information is correct and true to the best of my knowledge.

Place: Pathanamthitta

Date: **Rehana Susan James**