

**Sanju Baby**

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To

The Human Resource Department

Sir/Madam,

Subject: Application for the post of Staff Nurse.

With due respected and humble submission, I here by submitting my detailed CV. I am a qualified registered nurse midwife with more than a year of experience. I have worked in a major OT at Ganga Hospital, Coimbatore. I am a flexible worker self starter and excellent team player with good interpersonal and computer skills. I will be so grateful to you, if you give me a chance to work in your esteemed organization.

Thanking You

Date: 02/01/2018

Yours Faithfully

Place: Thrissur

SANJU BABY

**OBJECTIVE:**

Fully licensed and experienced staff nurse with more than a year of experience in providing patient centred care within various Surgical Services departments. Skilled in handling patients of different ages and with different needs, specialising in care of the elderly as well as patient after care. Operating room scrub and circulation experience with specialties including orthopaedics, vascular, plastic, and neuro procedures.

**PROFESSIONAL QUALIFICATION:**

Name of Degree	Name of Institution	University	Duration	Percentage
Bsc Nursing	Ganga Institute of Health Sciences, Coimbatore	The Tamilnadu Dr. MGR Medical University, Chennai	2012 to 2016 4years	68.67%

**EMPLOYEMENT HISTORY:**

Position	Hospital	Duration	Job Description/ Unit
Staff Nurse	Ganga Medical centre & Hospitals PVT LTD, Coimbatore	21/09/2016 – 30/11/2017	OT (Scrub Nurse)

**KEY SKILLS:**

- Extensive nursing care experience.
- Very familiar with the current health care environment.
- Thorough knowledge of the biological, physical, social and behavioural sciences.
- Proficiency in nursing research, management and application.
- Strong reasoning abilities regarding patient care.
- Excellent communication and interpersonal skills.

**DETAILS OF WORK EXPERIENCE/ JOB DISCRIPTION IN OPERATION THEATRE:**

- Assess patient prior to surgery (eg; NPO status) and alleviate their concerns
- Prepare instruments and equipments needed for surgery
- Keep operation room sterilized
- Complete pre-operative check list
- Position and prepare patient on operating table
- Preserve sterile event by scrubbing
- Put sterile garments (gown, glove, mask)
- Confirm correct side ,then paint and drape surgical site
- Count all sponges, instruments and needles
- Pass medical instruments to surgeon during operation
- After Surgery count all instruments, sponges and inform the surgeon
- Helps to apply dressing to surgical site
- Monitor vital signs
- Complete post operative checklist after surgery
- Transport patient to post-operative ward

**CASES ASSISTED:**

- Arthroscopic ACL reconstruction
- Arthroscopic meniscectomy
- Arthroscopic meniscus root repair
- Arthroscopic rotator cuff repair
- Spine Surgeries
- Neuro Surgeries
- Distal radius plating
- Humerus plating
- Tibia nailing
- Ankle arthrodesis
- Debridement
- Implant removal
- Joint Replacements

**EXPERIENCE IN USING FOLLOWING INSTRUMENTS**

- Most of the OT equipment and instruments, Glucometer, Pulse Oxymeter, Suction Apparatus, Nebulizer.

**NURSING PROCEDURES THAT I CAN CARRY OUT INDEPENDENTLY ARE;**

- Urinary catheterization
- Parental feeding
- Wound dressing
- Collection of specimen for investigation including cultures

**PROFESSIONAL DEVELOPMENT PROGRAMMES ATTENDED:**

- Nurses managing diabetes
- Online clinical nursing activities on five moments of hand hygiene
- Disaster management
- Addressing the unaddressed adolescent psychiatry.
- NABH training

**PERSONAL DETAILS:**

Date of birth: 16/01/1995

Gender: Female

Marital status: Unmarried

Languages known: English, Malayalam, Tamil

Permanent address: Nirappukandathil(H),

Vennur P.O, Thrissur, Kerala-680587

**PERSONAL STRENGTH:**

Hard working, self-confidence, team work and leadership

**DECLARATION**

I hereby declare that all the above information is true to the best of my knowledge and belief.

Place: Thrissur

Date: 02/01/2018

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