

Curriculum Vitae

Asst/ Jr. Physiotherapist

PERSONAL DETAILS Athira Amruthlal

Address : Mangalore-12
M : 9590107277
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DOB : 06-05-1991
Nationality : Indian

OBJECTIVE

To work in a challenging environment suitable to my profession where i could enrich, utilize my skills and learn new procedure and developments in order to achieve goals set by the management.

Able to communicate effectively and sensitively with patients to ensure understanding of complex clinical issues impacting on recovery.

KEY SKILLS AND STRENGTH

- **Studious to learn, honest, humble, hardworking result oriented and positively disposed.**
- **Strong interpersonal skills.**
- **Can motivate others through effective communication skills.**

LANGUAGE KNOWN

Malayalam
English
Tamil
Hindi

ACADEMIC QUALIFICATIONS

B.P.T(60%) :Bachelors in physiotherapy
Dr. M.V. Shetty college of physiotherapy, Mangalore-575013
10+2(70%) : Maths, English, Physics, Biology, Chemistry
St. Joseph's Higher secondary school, Alappuzha, Kerala
10th(86%) :St. Antony's Girls High School,
Alappuzha,Kerala

WORK EXPERIENCE

1. **Worked in Infoys Manglore as Aerobics Instructor**
(3rd October 2016 to 1st Feb 2017)
2. **Working as a Physiotherapist in Vijaya Group Of Hospitals under KP Ballal**
College of Physiotherapy, Manglore (from 1st march 2017).

OTHER QUALIFICATION:

Have completed certificate course in:

- a) **Aerobic Instructor training course**
- b) **Fitness, Diet and Nutrition**
- c) **Spinning instructor training course**
- d) **Primary and advanced pilates trainer course**
- e) **Pre and post natal care**
(completed from Indian Academy of Fitness Training)

- f) **Myofacial release and dry needling**
- g) **Intergrated Manual Therapy Techniques**
And Tapping Technique

DECLARATION

I hereby confirm that the information furnished above is correct to the best of my knowledge.

Name: Athira Amruthlal

DATE: _____

PLACE: _____