**CURRICULUM VITAE**



**MS. REMYA M.X**

Mulakkampilly House

Kuzhur, P.O.

Thrissur, Dist.

Pin Code-680734

Kerala, India

Mob: **9020468659, 8851017248**

Email: **remya3858@gmail.com**

**POST APPLIED FOR: STAFF NURSE**

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| **CARRIER OBJECTIVE :** |

To achieve success & knowledge in Modern Health Care field & to strive hard for carrier development there by benefiting the institution & serve to the best of my ability.

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| **PERSONAL INFORMATION** : |

Name : Ms. Remya M.X

Father’s Name : M.D. Xavier

Date of Birth : 24th November 1988

Religion : Christian (RC)

Sex : Female

Marital Status : Married

Province : Kerala

Language Known : English, Hindi & Malayalam

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| **PASSPORT DETAILS :** |

Passport No. : M8039777

Date of Issue : 09/04/2015

Date of Expiry : 08/04/2025

Place of Issue : Cochin

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| **EDUCATION QUALIFICATION :** |

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| **Name of Exam** | **Board/ University** | **Year** |
| S.S.L.C | Board of Public Examination, Kerala | March 2004 |
| Plus Two | Board Higher Secondary Examination, Kerala | March 2006 |

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| **PROFESSIONAL QUALIFICATION :** |

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| **Course** | **Board/ University** | **Year of passing** |
| General Nursing & Midwifery | East West School of Nursing, Bangalore | February, 2011 |

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| **WORK EXPERIENCE :** |

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| **Name of the Hospital** | **Position** | **Department** | **Period** |
| Bhagwati Hospital, Rohini, New Delhi | Staff Nurse | Medical ICU | 15/06/2011 to  05/06/2012 |
| Holy Family Hospital, Okhla New Delhi | Staff Nurse | Medical Surgical Ward | 07/06/2012 to 15/06/2017 |
| Amritha hospital(AIMS) | Staff Nurse | Medical Surgical Ward | 08/11/2017  Still Working |

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| **REGISTRATION DETAILS :** |

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| **Name of the Nursing Council** | **Registration No.** | **Registration Date** |
| Karnataka Nursing Council | 153485 | 13th July 2011 |
| Delhi Nursing Council | 38097 | 24th August 2011 |
| Kerala Nursing Council | KL02201701754 | 07th july 2017 |

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| **JOB RESPONSIBILITIES :** |

* Assessment of the patient care planning and implementing of maximum effective care.
* Maintaining and updating all relevant charts.
* Performs additional duty as required
* Participating in the rehabillation of the patients and making plans for discharge.
* Attend continuing education programmers & refreshment courses

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| **EQUIPMENT HANDLE:** |

* Sphygmomanometer
* Oral & Rectal Thermometer
* Nebulizer
* Central Suction
* Central Oxygen
* ECG Monitor
* Ventilator
* Hot Water Bags & Ice Bag
* Syringe Pump
* Defibrillator
* Alpha Bed

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| **PROCEDURE CONDUCTED INDIVIDUALLY :** |

* Blood transfusion
* Major & minor dressing
* Introducing intra venous cannula
* Foley’s catheterization
* Preparing patient for surgery
* Suture removal
* Bladder wash & feeding
* Endotracheal suctioning
* Cardio pulmonary resuscitation
* Sample collection for ABG
* Blood glucose monitoring

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| **EMERGENCY PATIENT CARE :** |

* Resuscitating during cardiac and respiratory arrest
* Assisting and performing cardio pulmonary resuscitation
* Assisting endotracheal intubation
* Administrate life saving drugs adrenaline, atropine, Deriphylline nitro glycerin calcium gluconate etc.
* Assisting for various procedure such as lumber puncture, liver biopsy, Liver aspiration,
* Endotrachealintubation, bonemarrow aspiration, tracheostomy, etc. preparing the
* Patient for various investigation such as MRI, CT Scan, Echo, USG.

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| **NURSING CARE FOR PATIENTS:** |

* Care of pre-post operative
* Patient with intercoastal drainage
* Operate specialized equipment in ICU
* Care of the patient with postural drainage
* Physiotherapy
* Care of Nasogastric tube
* Small bore feeding tube
* Nursing documents in brief accredited and complete manner
* Maintaining records & reports to physician
* Care of sick and long standing ill-patients
* Performs I.V Cannulation and I.V therapy

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| **WARDS MANAGEMENT :** |

* Assisting ward sister, Supervising Junior Staff and Nursing Student
* Supervising in wards education course
* Maintaining inventory

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| **REFERENCES:** |

**DR. NARESH PAMNANI**

Medical Director

Bhagwati Hospital

Rohini, New Delhi

**MRS. PHILOMINA THOMAS**

Nursing Superintendent

Holy Family Hospital

Okhla, New Delhi-110025.

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| **DECLARATION :** |

I hereby declare that all above mentioned are true and correct to the best of my knowledge and belief.

**Date:**

**Place: (MS. REMYA M.X)**