

Chinnu Ann Abraham

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Kochi, India

OBJECTIVE

To apply myself in an organization, where I can utilize my skills and experience in social work, counselling, and human psychology, by working in a position which offers responsibilities, challenges, scope for innovation and growth while adding value to the organization & society

WORK EXPERIENCE, INTERNSHIPS & FIELD WORK

Facilitator

22 May 2017 – 25 October 2017

PeoplePro Enterprise for Social Impact – Vazhakala

Kochi, India

- Conduct Life Skill sessions in various Government and Private Schools
- Act as a mentor for life transformation of students
- Create awareness among students on need of social responsibility
- Conducted a mini marathon against substance abuse
- Students were equipped with skills required for day to day living

Block Field Work

14 March 2017 – 31 March 2017

Rajagiri Outreach – Kalamassery

Kochi, India

- Visited creches in rural areas where children of low-income groups were cared for
- Conducted learning & skill building sessions, verified registers & valid documents of kids & staff
- Volunteered at Outreach's Pakal Veedu program for the elderly

Block Field Work

21 February 2017 – 11 March 2017

Sanjivani Rehabilitation Centre – Nedumkunam

Kottayam, India

- Researched, presented case history of 5 patients, & got feedback from the psychiatrist – Dr V.K. Radakrishnan, President - Indian Chapter of World Association of Psychosocial Rehabilitation
- Assisted in patients' daily activities, motivated them to participate in yoga & group meetings, and ensured they maintained their rooms & personal hygiene, and that they were having food on time
- Managed memory, concentration building games, instilled confidence to engage in social activity

Block Field Work

3 October 2016 – 29 October 2016

Lisie Hospital

Kochi, India

- Conducted psychosocial assessment of over 30 patients, understanding their backgrounds, monitoring their state of mind during the treatment, and overall well-being
- Worked & did rounds with a new department each day, talking to patients, assessing treatment progress
- Did the case history of multiple patients, building a rapport with them, learning more about their issues, and got the opportunity to apply theoretical knowledge to professional scenarios
- Conducted outreach program at schools for World Food Day & World Obesity Day, educating them on the harmful effects of junk food, the need to avoid food wastage, and about eating nutritious food
- Conducted classes on Sigmund Freud's Psychosexual Stages of Development for pregnant women in the Obstetrics & Gynaecology Department

Block Field Work

19 September 2016 – 29 September 2016

Santhula Trust Hospital – Koothattukulam

Ernakulam, India

Assisted the Psychiatrist, Clinical Psychologist, Psychiatric Social Worker, Nurses in daily rounds

Block Placement

Amrita Institute of Medical Sciences

9 May 2016 – 29 May 2016

Kochi, India

- Assisted the multidisciplinary team of doctors & social workers in their daily rounds
- Conducted psychosocial assessment of patients as part of the internship
- Attended meetings of social workers, presented paper on Transgender Rights – Awareness & Challenges

Concurrent Field Work

Manasa Rehabilitation & Training Centre – Pamboor

2nd Semester, MSW

Udupi, India

MSW Trainee

Adarsh Charitable Trust

26 October 2015 – 29 October 2015

Kochi, India

Worked with differently-abled students, understanding the unique teaching methods, facilities provided for them, and how the teachers helped the children learn

Concurrent Field Work

Vishwasadamane

1st Semester, MSW

Udupi, India

- Conducted psychosocial assessment of rehabilitated mentally challenged homeless people
- Ensured patients took food on time, participated in recreational activities, took care of personal hygiene

Trainee – Psychology Department

SN Medical College, Chalakka

6th Semester, B.Sc Psychology

Kochi, India

Conducted psychosocial assessment & case history, helped patients engage in recreational programs

PAPERS PRESENTED, CONFERENCES ATTENDED

- Presented paper titled 'Perceived Loneliness Among Adolescents' at National Seminar on Counselling & Psychotherapy at Prajyoti Niketan College, Pudukad, Thrissur
- Participated, presented paper—'Transgender Rights, Awareness & Challenges' at International Conference on Human Rights Education for Social Work Practice at School of Social Work, Roshni Nilaya
- Participated in 1st International Colloquium on 'Health Literacy & Health Promotion' at Manipal University
- Participated in a two day seminar on 'Psychology for Harmonious Living' at Union Christian College
- Attended 'Ribbon of Hope Walkathon' & 'Students for Palliative Care' seminar on World Hospice & Palliative Care day

EDUCATION

Global Health Policy – Student Exchange

Maastricht University

January 2017 – February 2017

Maastricht, Netherlands

Master of Social Work

Manipal University

2015 – 2017

Manipal, India

9.54 GPA

B.Sc Psychology

Union Christian College, Aluva

2012 – 2015

Kochi, India

67% GPA

12th Standard/10th Standard

Toc-H Public School – CBSE

June 2011 – May 2012/ June 2009 – May 2010

Kochi, India

69.2%/58.9%

COMPETENCIES & SKILLS

Empathy • Interpersonal skills • Leadership • Team Management • Research • Crisis management • Problem solving • Critical thinking • Persuasion • Presentation skills • MS Office • Windows **Languages:** English, Malayalam