



## **Ashly Thomas**

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### **Contact Number**

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### **Permanent Address**

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### **Personal Information**

Father's Name: Thomas PA  
Mother's Name: Reena Thomas  
Date of Birth: 24-09-1993  
Sex: Female  
Nationality: Indian  
Domicile of: Kerala  
Religion: Christian  
Marital Status: Single  
Languages Known: English,  
Malayalam, Hindi & Tamil

## **Career Objective**

As a BSc nursing graduate with previous community experience and a strong commitment to providing quality care in the community, I am looking for a challenging position in a hospital where my profound medical, professional and practical experience will be fully utilized.

## **Academic Qualification**

- **BSc Nursing (2015)** - St. Johns' college of Nursing, Kattappana, affiliated to Kerala University of Health Sciences Thrissur.
- **+2 (2011)** - Holy Cross Higher Secondary School Cherpunkal. By Board of Higher Secondary Examination.
- **SSLC (2009)** – St Joseph's Girls High School Mutholy. By Board of Higher Examination.

## **Skills and Achievements**

- Theatre Care Nursing, Pediatrics and A&E.
- Communicating with doctors, patients, other departments and co-workers about patient care, locating and sharing resources and organizing of patient care.
- Specialist equipment includes: anesthetic machine, intubation equipment, patient care record on computer, handling surgical/Anaesthetic instruments, medications.
- Promoted health care for both patients and their families, dissemination of information to support groups.
- Developed knowledge, skills and expertise in nursing the critically ill.
- Experienced in musculoskeletal injuries and pain management.
- Expert in moving and handling.
- Trained junior Nursing Students.
- Diabetic care experience: planning, implementing and evaluating care whilst utilizing available resources such as the diabetes specialist nurse.

## **Registration**

### **Kerala Nurses and Midwives council**

- Registration No.: KL03201600959
- Date of Registration: 16-02-2016
- Valid until: 15-02-2021

### **Delhi Nursing Council**

- . Registration No. 63625
- .Date of issue 05 -04-2016

## **WORK EXPERIENCE**

Worked as a staff nurse in **Fortis Escorts Heart institute New Delhi** ,a 310 bedded super speciality hospital from 19-04-2016 To 02-08-2017.Its a **NABH accredited hospital**.

Worked as a regular staff nurse in the department of **SUPER CORONARY CARE UNIT**.

## **Reference person**

Capt.Sabita Nath

Chief of Nursing

Fortis Escorts Heart Institute

Okhla road New Delhi

## **Computer Skills**

Proficient in Microsoft Excel, Word, PowerPoint.

## **Field of Interest**

- ✓ Pediatric Unit.
- ✓ Casualty Unit.
- ✓ ICU
- ✓ NICU (Neonatal Intensive Care Unit)

## **Personal Interests & Hobbies**

 Reading, Cooking

## **Achievements**

- Developed ability to work as a member of a multi-disciplinary team through voluntary activity and practical experience gained as a care assistant and student nurse.
- Undergraduate college Mentor for two years, which served me well when supervising junior nursing students on placement who approached me for advice and guidance.
- Class Representative for Third Year. Participated in course management meetings and Curriculum Development Group raising issues on behalf of student nurses and following up with progress reports.

## **Declaration**

I hereby submit this curriculum vita for your kind consideration & favorable orders. I declare that the information furnished above are true to the best of my knowledge.