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## ALEENA VICTOR

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### OBJECTIVE

To secure a challenging position. Where I can effectively contribute. My skill innovative ideas to gain knowledge in the work oriented environment.

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### VITALS

Mulleparambil (H),  
Vadathazha ,Njalipparamb ,  
Fortkochi ,Ernakulam (Dist.)  
PIN: 682001

M: +91 8891487774  
+91 8075934046

E: [aleena3835@gmail.com](mailto:aleena3835@gmail.com)

## EDUCATION

### BSC NURSING 2013-2017

(SI-MET COLLEGE OF NURSING PALLURUTHY,ERNAKULUM)  
Completed with on 2017 from Kerala University of Health Science.

### HIGHER SECONDARY 2011 - 2013

(ST. MARY'S A.I.G.H.S FORTKOCHI, KERALA)  
Completed with 85% from Board of Ssecondary Education, Kerala.

### SSLC 2011

(ST. SEBASTIAN'S H.S.S, KERALA)  
Completed with 64% from Board of Public Examination,Kerala.

## ADDITIONAL QUALIFICATION & EXPERIENCE

- Advanced Medical Surgical Nursing, Child health Nursing from TD Medical College, Vandanam, Alappuzha.
- Mental Health Nursing from Mental Health Hospital, Thrissur.
- Obstetrics & Gynecological Nursing from General Hospital Ernakulam.
- Experience from General Hospital, Ernakulam
- Neonatal Resuscitation from General Hospital, Ernakulam.
- Health Centre, Kumbalangi, Ernakulam
- Health Centre, Palluruthy Ernakulam.

## DUTIES & PERSONAL SKILLS

- Report on time.
- Ensure proper handling / taking over of the patient, their documents, equipment's, drugs stock efficiency.
- Observing & recording changes in patient's behavior and condition.
- Monitoring vital signs, suctioning, connecting to monitor as per need.
- Attending doctor's rounds and help treatment.
- NG tube and urinary tube insertion and removal.
- Preparing patient for various investigations and collect sample for investigation.
- Participate to provide psychological support to patient and families.
- Trained in emergency procedures like ET tube intubation, thrombolytic therapy CPR, defibrillation etc.
- Administer prescribed medication via oral, S/C,IV,IM routes and record change and response of the patient.
- Maintain hygienic and safe working environment in compliance with health care work shifting of patient.

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### EQUIPMENT HANDLING

- Pulse Oximeter
- Ventilator
- Cardiac monitor
- ECG machine
- Defibrillator
- Nebulizer
- Infusion Pump
- Glucometer
- Suction apparatus
- Ambu bag
- Laryngoscope
- BP apparatus
- Thermometer

### AREA OF INTEREST

- Intensive Care Unit
- Cardiac Care Unit
- Casualty

### HOBBIES

- Reading books
- Listening to music
- Cooking

- Rendering comprehensive nursing care to patients utilizing nursing process and based code of ethics while adhering to the established standards of nursing practice.
- Evaluating and modifying the plan of care based on observe responses by the patients and attainment of patient's goal.
- Implement and maintain ICU policies and routines – hand washing, infection control, narcotic policy and health education.
- Maintains reports and records.

### PERSONAL INFORMATION

Name : Aleena Victor  
Date of Birth : 21-08-1995  
Age : 22  
Father's name : Mr. Victor Benjamin  
Language : English and Malayalam  
Nationality : Indian  
Marital status : Single  
Gender : Female

### DECLARATION

I hereby declare that the above information is true to the best of my knowledge and belief and can be supported by relevant certificates and documents.

Place: Fort Kochi

Date: 31/10/2017

Aleena Victor