



HEALTHCARE
PACKAGES



Excellence in health care

MEDICAL TRUST HOSPITAL



Stress, overwork and you.

Most hardworking people like us often fall prey to the neglect of our own health. Caught in the cycle of work, we hardly find the time to spare a thought for our own health.

Latest findings have established that, more than 30% of all middle and senior level executives like you in the age group of 35 and above suffer from serious stress related disorders. About 10% fatally. Incidence of hypertension, diabetes and nervous breakdowns are also increasingly on the rise. A combination of overwork, stress and neglect of our health are the major factors.

And when it becomes clear that our body is no longer capable of keeping pace with the demands we make on it, it is usually too late. We are forced to make drastic change in in our life-style. As a result we find it hard to perform to previous levels.

The health check-up, what it can do for you.

An annual health check-up is the best thing you can do constantly keep in touch with your state of well-being. A periodical examination is perhaps the best way to detect cardiac, liver, lung and nervous disorders in early stages.

The Medical Trust Offer.

The pioneers of Health Care in Kerala, has developed special health check-up packages, taking into consideration the busy schedules everyone follows. The check ups take only a few hours of time from you and include a comprehensive array of physical and other test so that you get a complete an accurate picture of your health.

It's for your Family!

A health check-up not only keeps you informed about your physical conditions but also helps reassure your family about your health. So that they do not have to spend sleepless nights worrying about you.

**Fix an appointment by calling
2358001-11 ext 2511**

**Report at our health care room at 7.30am
on an empty stomach Monday to Saturday**

**Nurturing life every
step of the way....**





Executive Health Check

Physical Examination by an Internal Medicine Specialist

Haemogram

Haemoglobin, PCV/RBC
MCHC/MCV/MCH
Total W.B.C./ Differential count
Platelet Count, ESR

Fasting & PP Blood Sugar

Uric Acid

Renal Profile

Blood Urea, Creatinine

Lipid Profile -FLP

Total Cholesterol, HDL Cholesterol
LDL Cholesterol, Triglycerides
HDL Ratio

T3, T4, TSH

Liver Profile - LFT

Total Protein, Albumin
Globulin, ALT, AST, Alkaline Phosphatase
S. Bilirubin(Total & Direct)

Urine: Routine & Microscopy

ECG

Chest X-ray

Specialist Consultation (2 Nos)

Ultrasound of abdomen (on additional payment)



Master Health Check

Physical Examination by an Internal Medicine Specialist

Haemogram

Haemoglobin, P.C.V., R.B.C.
MCHC, MCV, MCH
Total W.B.C./Differential Count
Platelet Count, ESR

T3, T4, TSH

Fasting & PP Blood Sugar

HbA1C - Glycosylated HB

Uric Acid

PSA for men/ Pap Smear for woman

Renal Profile

Blood Urea, Creatinine

Lipid Profile -FLP

Total Cholesterol, HDL Cholesterol
LDL Cholesterol, Triglycerides
HDL Ratio

Liver Profile- LFT

Total Protein, Albumin, Globulin
ALT, AST, Alkaline Phosphatase
S.Bilirubin (Total & Direct)

Urine: Routine & Microscopy

Pulmonary Function Test (PFT)

Cardiac Stress Analysis (TMT)

ECG

Chest X-ray

Specialist Consultation (2 Nos)

Ultrasound of abdomen (on additional payment)

Trans Vaginal Scan (on additional payment)



Whole Body Check

Physical Examination by an Internal Medicine Specialist

Haemogram

Haemoglobin, P.C.V., R.B.C., MCHC, MCV, MCH
Total W.B.C., Differential Count, Platelet Count, ESR

**Uric Acid, S.Calcium,
Sodium, Pottasium,
T3,T4, TSH**

**Fasting & PP Blood Sugar,
HbA1C - Glycosylated HB**

P.S.A. for Men/ Pap Smear for women

Renal Profile

Blood Urea, Creatinine

Lipid Profile -FLP

Total Cholesterol/ HDL Cholesterol
LDL Cholesterol/ Triglycerides/ HDL Ratio

Liver Profile - LFT

Total Protein, Albumin, Globulin
ALT, AST, Alkaline Phosphatase
S.Bilirubin(Total & Direct)

Urine: Routine & Microscopy

Pulmonary Function Test (PFT)

ECG

Echo Cardiogram

Cardiac Stress Analysis (TMT)

Ultrasound of abdomen

Chest X-ray

Specialist Consultation (2Nos)

Diet Counseling / Fundus Examination

Mammogram (on additional payment)



Heart Check

Cardiac Consultation by a Cardiac Specialist

Haemogram

Haemoglobin, P.C.V., R.B.C., MCHC, MCV, MCH, Total W.B.C., Differential Count, Platelet Count, ESR

Fasting & PP Blood Sugar

Uric Acid

Sodium, Pottassium

Renal Profile

Blood Urea, Creatinine,

Lipid Profile -FLP

Total Cholesterol, HDL Cholesterol
LDL Cholesterol, Triglycerides
HDL Ratio

Liver Profile - LFT

Total Protein, Albumin, Globulin, ALT, AST
Alkaline Phosphatase, S. Bilirubin(Total & Ditrect)

TSH

Urine: Routine & Microscopy

ECG

Echo Cardiogram

Cardiac Stress Analysis (TMT)

Chest X-ray

Diet Counselling

Optional Test (on additional payment)

Pulmonary Function Test (PFT)

Ultrasound of abdomen



Diabetic Check

Physical Examination by an Internal Medicine Specialist

Haemogram

Haemoglobin, Total W.B.C.
Differential Count, Platelet Count,
ESR

HbA1C - Glycosylated HB Fasting & PP Blood Sugar Uric Acid

Renal Profile

Blood Urea, Creatinine

Lipid Profile -FLP

Total Cholesterol, HDL Cholesterol,
LDL Cholesterol, Triglycerides, HDL Ratio

Ultrasound of abdomen

Liver Profile - LFT

Total Protein, Albumin, Globulin, ALT, AST,
Alkaline Phosphatase, S. Bilirubin(Total & Ditrect)

TSH

Complete Urine Analysis

Urine Microalbumin

ECG

Chest X-ray

Diabetology Consultation

Ophthalmic Consultation

Fundus Examination

Diet Counselling

Optional Test (on additional payment)

TMT

Echo



Well Woman Check

Gynaec Examination

Pap smear test

Haemogram

Haemoglobin,
Total WBC,
Differential Count,
Platelet Count.
ESR

T3, T4, TSH

Fasting and PP Blood Sugar

Renal Profile

Blood Urea, Creatinine

Lipid Profile -FLP

Total Cholesterol, HDL Cholesterol,
LDL Cholesterol, Triglycerides,
HDL Ratio

Liver Profile - LFT

Total Protein, Albumin, Globulin, ALT, AST,
Alkaline Phosphatase, S. Bilirubin(Total & Direct)

Urine: Routine & Microscopy

Transvaginal sonography

ECG

Chest X-ray

Physician Consultation

Mammography (on additional payment)



Child Health Check

Child Health Check 1

Paediatric consultation

Laboratory Investigation

Blood Routine, ESR

Thyroid Function Test

Blood grouping & RH typing

Urine: Routine & Microscopy

Chest X-ray

Child Health Check 2

Paediatric consultation

Laboratory Investigation

Blood Routine,

Blood Urea

Creatinine

SGOT

SGPT

Alkaline Phosphatase

Thyroid Function Test

Blood grouping & RH typing

Lipid Profile -FLP

Total Cholesterol, HDL Cholesterol

LDL Cholesterol, Triglycerides, HDL Ratio

ECG

Urine: Routine & Microscopy

Chest X-ray

Specialist Consultation (2 Nos)

OUR CLINICAL DEPARTMENTS

Cardiology
Neurology
Paediatrics
Pulmonology
Medical Oncology
Hematology
Interventional Radiology
Nephrology
Gastroenterology
Internal Medicine
Dermatology
Psychiatry
Clinical Psychology
Endocrinology

Cardiac Surgery
Neuro Surgery
Spinal Surgery
Obstetrics & Gynaecology
Paediatric Surgery
Surgical Oncology
Orthopaedics & Sports Medicine
ENT
Ophthalmology
Cosmetic & Microvascular Surgery
Oral, Maxillofacial & Dental Surgery
General Surgery
Thoracic & Vascular Surgery
Surgical Gastroenterology
Genito Urinary Surgery



Excellence in health care

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